

Numbers are up for LHS fall sports



After making the playoffs a season ago, the Louisburg High School football watched its number rise by a small number as they try to improve off of its 7-3 season in 2015. The Wildcats hold a scrimmage at 8 a.m., on Saturday.

A week into the fall sports season, all of the Louisburg High School sports teams have seen their participation numbers rise from last year – albeit by a small number.

It would make sense as all four programs made strides in the 2015-16 campaign. The football team returned to the playoffs after a 3-win season the year before and volleyball placed third at the state tournament.

Boys soccer won its first regional title in five years despite a rough beginning. Meanwhile, cross country qualified a runner for the state meet for the first time in several years and the girls team made program history when it won its first ever meet.

Needless to say, last year's results have left several excited for what is to come in all sports.



Sophie McMullen is one of three returning varsity players from last season's third place finish at state for the LHS volleyball team.

Louisburg's football team won seven games last season, which was four more than the year before despite a first-round exit in the playoffs. The Wildcats saw their numbers rise from 58 to 63 this season and are ready to make an improvement on the field as well.

They are going through 2-a-days now and will finish a grueling week with an 8 a.m. scrimmage Saturday.

"The first couple days have gone real well, however we are a little limited in what we can do and expect without full pads," football coach Kyle Littrell said. "We have a great group of kids who have committed themselves to our grueling summer program and the seniors have really taken the leadership role and ran with it."

Volleyball spent the first three days of practice going through tryouts, but head coach Jessica Compliment saw numbers rise from 28 to 36 this season, which means a few more cuts

than last year, but Louisburg has to replace five varsity players from a year ago.

The Lady Cats might have the shortest amount of time to get ready of all the sports as they open their season with the preseason Frontier League tournament on Aug. 27 in Baldwin.

“The first few days of practice have centered around testing and conditioning,” Compliment said. “We started practice with the team on Thursday. I know the players are ready to get the season going, which is good because we have a quick turnaround with a tournament in a week.”



Louisburg’s (from left) Jon Paul Totta, Kyle Allen and Jacob Arnett take part in a drill during a soccer practice Wednesday.

First-year boys soccer coach Kyle Conley inherits a Wildcat program that won the regional tournament and advanced to the state quarterfinals. The numbers for the Wildcats program were up by just two from last year, but Conley has liked what he has seen out of his group thus far.

“The kids are focused and determined,” Conley said. “I am very pleased with their attitudes and work ethic. They seem eager to learn from each session. I love how the kids are believing

in the program and my philosophy.

“It is really good to finally get started and get things going. I am excited to see what this team will become. I do understand that our league is incredibly talented, but our mind set it going to be we have something to prove.”

As for cross country, head coach John Reece has seen a large number return for the season, especially on the girls. The Wildcats have 36 runners out this season – with 24 of those competing on the girls team. Louisburg had 31 total runners out a year ago.



Louisburg cross country runners Kaitlyn Gaza (left) and Lilly Mick finish up a practice run Wednesday.

Junior Wyatt Reece returns to help the boys after qualifying for the state meet as a sophomore.

“Practices have started great, especially since it is not 110 degrees in the shade,” coach Reece said. “Those who ran through the summer are ahead of the game. We hope to do some great things this year with almost all of my varsity girls returning.”

Look for full previews on each team next week at Louisburg

Sports Zone.