## Griffin receives honor from track coaches association



Louisburg High School track and field coach Gary Griffin was recently honored with the Longevity Award from the Kansas Cross Country and Track Coaches Association. The award honors a coach who has spent more than 30 years coaching one of the two sports.

Coaches and athletes have come and gone from the Louisburg High School track and field program over the last three decades, but one constant has remained.

Gary Griffin has spent the last 30 years coaching the Wildcat track and field team to numerous state meets, state medals and a team state championship. His dedication to the sport hasn't gone unnoticed and he was recognized for it earlier this month.

On Feb. 15, a representative with the Kansas Cross Country and Track Coaches Association traveled to Louisburg to present Griffin with the 30 Years of Coaching Longevity Award, which is given to those who have coached one of the two sports for 30 years or longer.

"It means a lot to me that they took the time to drive down and get here by 8 a.m. to present me with this award," Griffin

said. "Really, though, it just means that I've coached for a long time."

Although 30 years may seem like an eternity to some people, for Griffin time has flown by as he enters his 18<sup>th</sup> year as the head boys track coach. He also spent five years as the girls track coach before that and was an assistant under previous head coaches Aaron Webb and Kris Kehl for several seasons.



Louisburg coach Gary Griffin (left) receives his award from a member of the Kansas Cross Country and Track Coaches Association on Feb. 15 at Louisburg H

"I love track because for the most part you get out of it, what you put into it," Griffin said. "Even the most talented athletes have to work hard to be a state champion. Also I have

had the pleasure to coach with others that are very passionate about track like Aaron Webb and Tom Kuder and a lot of others that I have learned a great deal from."

Griffin guided Louisburg to the school's first state title in 2011 when the Wildcats tied Baldwin for first place. His son Garrett won the Class 4A state javelin title and also medaled in the 110-meter high hurdles.

Mark Sitek medaled at state in the 100-, 200- and 400-meter dashes that season as did Jake Albright (pole vault), Alex Gentges (javelin) and Alex Bell (discus).



Gary Griffin has spent the last 18 years as the Louisburg High School boys track and field coach.

That was one of many special seasons for Griffin as he has had the chance to coach a number of state champions and medalists.

"The state championship was a great memory but there are really too many to remember," he said. "It was a lot of fun being a part of Garrett's track career and watching him be

successful. I really don't know how many state champions or medalist we have had since I have been here, but we have had our share. We have had a ton of talented kids over the years, and many have gone on to have great college careers as well."