

# 2018 Female Athlete of the Year Nominees



For the past two years, Louisburg Sports Zone has given out Athlete of the Week awards during each of the three sports seasons. I do it to recognize special athletic achievements and highlight them a little bit. So this year, I wanted to take it a step further.

This year Louisburg Sports Zone will be handing out an Athlete of the Year honor to a male and female athlete at Louisburg High School. I wanted the opportunity to recognize those who exemplify what it means to be an “athlete.”

Although I am giving out the award, I wanted the process to subjective, so I asked the head coaches at LHS to help me out. I asked each coach to send me nominations of who they thought exemplified the Athlete of the Year honor. They will then vote for their top 3 male and female and then I will tabulate the results and determine the winner. In the next couple of weeks, I will announce this year recipient.

Below are the female nominees for this year’s award in alphabetical order by last name. Congrats to all those who were nominated and best of luck!

**2018 LOUISBURG SPORTS ZONE**

# **FEMALE ATHLETE OF THE YEAR NOMINEES**





## **Bailey Belcher, Senior, Basketball and Girls Soccer**

Belcher led the Wildcat girls soccer team to a state runner-up finish this past season as she was among the leading scorers on the team with 28 goals and 14 assists, which included five hat tricks. She is a three-time all-Frontier League and all-state first teamer, and has been a team captain for the last two seasons.

She holds the Louisburg record for most goals in a season with 33 and in a career with 91. She is will continue her soccer career at Missouri Southern next season.

Belcher was also a starter on the Lady Cats' basketball team and earned honorable mention all-league honors after averaging eight points, four rebounds and two steals a game.



## **Carson Buffington – Junior – Volleyball, Basketball and Girls Soccer**

Buffington helped the Louisburg volleyball team to a state runner-up performance in the Class 4A-Division I state tournament as the team's setter. She finished the season with more than 1,100 assists and had 30 aces. She also helped out defensively with 244 digs.

She earned second team all-Frontier League honors and was also placed on the Kansas Volleyball Association's (KVA) all-state second team. Buffington was also selected to the KVA all-state tournament team.

On the basketball court, Buffington earned second team all-Frontier League honors and led the league in rebounding for the third straight season. She averaged 11.6 rebounds a game



to go along with 9.2 points and 2.7 steals from the forward spot.

Buffington also served as the back-up goalie for the Wildcat soccer team and saw action in several varsity games.



### **Anna Dixon – Junior – Volleyball**

Dixon played a big role in the Lady Cats' state runner-up volleyball team this past season. As an all-around player, Dixon led Louisburg with 613 kills and 61 blocks on the season. She was also third on the team with 58 aces and 329 digs.

She earned first team all-Frontier League and all-state honors. Dixon was named as the Kansas Volleyball Association's Class 4A-D1 Co-Player of the Year and was selected to the KVA

all-state tournament team.

Dixon also earned Best of Kansas Preps selection by the Topeka Capital-Journal, which is a new award this season. She has committed to Kansas State University to play volleyball in the fall of 2019.



### **Carlee Gassman – Sophomore – Cross Country, Basketball, Track and Field**

Gassman had a record-breaking season for the Louisburg track team. She broke a 29-year old school record in the 300-meter hurdles in early April and then broke her own school record several more times this season, including at the Class 4A state meet where she ran a time of 45.68 to finish second in the state.

It was her first of two state medals on the season as she also finished fifth in the state in the long jump with a mark of just more than 17 feet. She also won a regional title in the 300-meter hurdles.

Gassman was also a consistent runner on the Wildcat cross country team that qualified for the state meet for the first time in school history. She served as the No. 2 runner for most of the season.

On the basketball court, Gassman saw a lot of varsity time for the Lady Cats as well as one of the team's point guards.



### **Isabelle Holtzen – Senior – Cross Country, Basketball, Track and Field**

Holtzen had a record-breaking season in the pole vault this past season for the Lady Cats' track and field team. She broke her own school in the event with a vault of 11 feet, 6 inches



and went on to finish sixth at the Class 4A state track meet with a clearance of 11-0.

She was also a league and regional runner-up, while also running on legs of the 4×100 and 4×400-meter relay teams.

On the cross country team, Holtzen was a consistent runner on a varsity team that qualified for state for the first time in school history.

On the basketball court, Holtzen served as a team captain and was a full-time starter for the Lady Cats at the guard spot.

At the end of the school year, Holtzen became the first Lady Cat in several decades to earn 12 varsity athletic letters and did so while earning a 4.0 GPA, which is first in her class.



## **Sophie McMullen – Senior – Volleyball**

McMullen was another key piece to the Lady Cats' success this past season on the volleyball court. She made the switch from setter to outside hitter and defensive player to help Louisburg to a state runner-up campaign.

She was first on the team with 114 aces to go along with 437 digs defensively. As an outside hitter, McMullen added 381 kills.

McMullen was selected to the all-Frontier League and all-state first team and was named to the Kansas Volleyball Association all-state tournament team. She was also selected to the Greater Kansas City Coaches Volleyball Association all-star team.

McMullen signed to play volleyball at Northwest Missouri State this coming fall.