

2021 Louisburg Sports Zone Athlete of the Year nominees



For the past five years, Louisburg Sports Zone has given out Athlete of the Week awards during each of the three sports seasons. I do it to recognize special athletic achievements and to highlight the athletes.

For the fourth straight year, Louisburg Sports Zone will be handing out an Athlete of the Year honor to a male and female athlete at Louisburg High School. I wanted the opportunity to recognize those who exemplify what it means to be an “athlete.”

Although I am giving out the award, I wanted the process to be subjective, so I asked the head coaches at LHS to help me out. I asked each coach to send me nominations of who they thought exemplified the Athlete of the Year honor. They will then vote for their top 3 male and female athletes and then I will tabulate the results and determine the winner. The winner will be announced later this month.

Below are the nominees for this year’s award in alphabetical order by last name. Congrats to all those who were nominated and best of luck!

ATHLETES OF THE YEAR NOMINEES

FEMALE



Reese Johnson – Junior – Cross Country, Soccer

Junior Reese Johnson made history in a couple different sports for Louisburg this past season.

In the fall, Johnson played a big role on the girls cross country team. The Lady Cats finished third in Class 4A, as that was the first time a team had placed at state in girls cross country. Johnson also medaled 15th individually and was one of three Lady Cats to earn state medals that day.

In the spring, Johnson was one of the leaders on the girls soccer team that advanced to the Class 4-1A state final four this past season. Johnson earned second team All-Frontier League honors after she finished the season with seven goals and nine assists as the Wildcats finished fourth at state.



Alyse Moore – Senior – Volleyball, Basketball, Track

Alyse Moore ended her senior season as one of the most accomplished athletes in Louisburg High School history. Moore is the first female athlete in school history to compete at the state level in four different sports, including both softball and track in the same season in 2019.

In the spring, Moore earned her second straight track state medal in the javelin as she finished fourth in the Class 4A meet. Earlier in the year, Moore broke a 20-year-old school record with a throw of 149 feet.

Moore was also a starter on the girls basketball team and helped the Lady Cats to their best finish in school history. Moore and the Lady Cats advanced to state for the first time in 47 years and took third overall. Individually, Moore eclipsed the 500-career rebound mark and was an honorable

mention all-league player. She led the team in rebounds with 8.6 boards a game and also averaged 7.3 points and 1.7 steals.

On the volleyball court, Moore started as an outside hitter for the Lady Cats and was second on the team with 174 kills and 195 digs.



Delaney Wright – Junior – Basketball, Track

Delaney Wright ended the 2020-21 school year with a bang as she became the school's first athlete to win three state championships in track in one season.

At the Class 4A state meet in Wichita last month, Wright won state titles in the long jump, 400-meter dash and 200-meter dash. She broke her own 200 and 400 school records to reach those accomplishments. On the season, Wright set new school

records in each of those events.

Wright was also a key player on the girls basketball team and helped the Lady Cats to their best finish in school history. Wright and the Lady Cats advanced to state for the first time in 47 years and took third overall at the Class 4A state tournament. Wright was one of the team's best defensive players as she averaged two deflections and a steal per game. She was also assigned to the team's best player.

MALE



Weston Guetterman – Senior – Football, Basketball

Weston Guetterman played big roles for both the Wildcat football and basketball teams this past season.

On the gridiron, Guetterman was the starting quarterback for

Louisburg, which finished 4-3 and tied for third in the Frontier League standings. Guetterman earned honorable mention All-League honors on defense for his play in the secondary. He finished the year with 32 tackles, two interceptions, three tackles for a loss and seven batted balls. He also finished with 548 yards rushing and six touchdowns.

Guetterman was one of the team leaders on the boys basketball team that advanced to its first state championship in school history and took second at the Class 4A state tournament. He was a second-team All-Frontier League selection from the point guard spot and averaged 12.5 points, 4.3 rebounds, 3.7 assists and 2.2 steals a game. He was also an all-state selection by the Topeka Capital-Journal, Wichita Eagle and Sports in Kansas.



Cade Holtzen – Senior – Cross Country, Wrestling, Track

Cade Holtzen was a three-sport athlete this past season for Louisburg and became the first male athlete (that is known) to participate in state competitions in all three sports, in the same season.

Holtzen helped the Wildcat cross country team to qualify for state for the first time in school history as they finished third at regionals. At state, Holtzen took 56th overall in 18 minutes and 46 seconds.

On the wrestling mat, Holtzen had a year to remember as he finished his career with a 155-19 record and a third-place state finish at 132 pounds. He was a four-time state qualifier for the Wildcats and a three-time state placer. Holtzen served as the team captain this past season and currently holds eight program records, including most season victories and most career wins. He was also chosen to participate in the 2021 Metro Classic.

In the spring, Holtzen earned his second state medal of the year as he helped the 4×800-meter relay team to a third place finish. He also helped the Wildcats to their second team Class 4A state track championship in school history.



Kolby Kattau – Junior – Football, Baseball

Kolby Kattau was a two-sport athlete this past season and had a good year for both the football and baseball program.

In the spring, Kattau helped the Wildcats to their first regional championship game since 2009 as he played both first base and pitcher. Kattau finished the year with a .444 average and racked up 32 hits for the Wildcats to go along with a .560 on-base percentage. He finished with five doubles, two triples, 16 RBIs, scored 26 runs and stole nine bases. He was a first team All-Frontier League selection and was an honorable mention all-state selection by the KBCA.

On the football field, Kattau played on both sides of the ball for a team that finished with a 4-3 record and tied for third in the Frontier League. He finished with two touchdowns from

the running back spot and had 41 tackles at linebacker.



Alec Younggren – Senior – Football, Wrestling

Alec Younggren was a two-sport athlete for Louisburg as he shined on the football field and on the wrestling mat.

Younggren, who missed part of the football season with an injury, still played well-enough on the offensive and defensive lines to earn All-Frontier League honors on both sides of the ball. Younggren was named as a first-team offensive lineman and an honorable mention lineman on defense.

He was a key fixture on the Wildcat offensive line that amassed more than 2,400 yards of total offense and 20 touchdowns. He also had 23 tackles on defense. Younggren was also an all-state honorable mention selection.

The Louisburg senior had an historic season in wrestling as he advanced to the 220-pound Class 4A championship match, where he finished runner-up. He finished the year with a 37-1 record and had Louisburg's highest state finish since 2012.



Braden Yows – Junior – Soccer

Louisburg junior Braden Yows was vital part of the Wildcats' best finish in school history this past season. Yows helped the Wildcats to a third place finish in the Class 4-1A state tournament.

Yows was a first-team All-Frontier League and all-state selection from his midfield spot. He broke a program record with 21 assists and also finished with seven goals on the year.