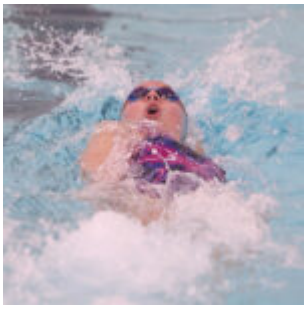
Brueggen adds four more state swim qualifying times



Louisburg freshman Sabra Brueggen recorded four state qualifying times last week at Topeka-Hayden and Blue Valley Southwest.

OVERLAND PARK – Sabra Brueggen already had four state qualifying times going into last week's competitions at Topeka-Hayden and Blue Valley Southwest.

After it was all over, Brueggen now has double that amount.

The Louisburg freshman qualified for state in four more events – two in each meet – after it was all said and done. Brueggen has now qualified for state in every individual event.

"She will be swimming repeats and trying to post faster personal times from now until the end of the season," swim coach Mary Argeropoulos said.

On Saturday at the Timberwolf Invitational at Blue Valley Southwest High School, the Osawatomie-Paola-Louisburg swim team went up against several bigger programs and took sixth with 84. Mill Valley won the meet with 261 points.

Brueggen qualified for state in the 50-yard freestyle with a time of 25.86 seconds and took second overall. She later qualified in the 100 breaststroke as she was second with a time of 1:13.09.

The 200 medley relay of Cadence Weichert, Bri Shippy, Addie

Stuebner and Emma Boehm was seventh in 2:15.

Stuebner also recorded a top 10 finish in the 100 butterfly as she was eighth in 1:20.

Brueggen, Janie Harth, Shippy and Stuebner were 11th in the 200 freestyle relay in 2:13, while Brueggen, Emma Johnson, Harth and Weichert were seventh in the 400 freestyle relay in 4:44.

“This past week was a tough week,” Argeropoulos said. “We had three meets (Tuesday & Wednesday both travel days back to back) and had to deal with missing swimmers and injuries. The girls rose to the challenge and performed well in all three meets stepping in for holes as needed. They continue to shave time off across the board and we are looking forward to pushing hard into the last of our season.”

Last Wednesday, the team traveled to Topeka for the Hayden Invitational and was fourth with 298 points.

Brueggen won the 200-yard freestyle with a state qualifying time of 2:09.91 and teammate Dana Mattison was fifth at 2:36. Brueggen was second in the 100 butterfly with another state qualifying time of 1:05.20.

In the 200 freestyle relay, Brueggen, Harth, Mattison and Stuebner earned a state consideration time in 1:56.99 and took first overall.

The 200 medley relay of Weichert, Stuebner, Mattison and Brueggen finished runner-up in 2:18.

Stuebner went on to take third in the 200 individual medley and 100 backstroke, while Harth and Weichert were fourth and sixth, respectively, in the 50 freestyle. Weichert also took fifth in the 100 freestyle, while Harth was fourth in the 100 breaststroke.

Shippy, Weichert, Ashlynn Willard and Harth ended the meet

with a fourth place finish in the 400 freestyle relay.