

Week 10 Athlete of the Week: Tom Koontz



Here is the Louisburg Sports Zone Athlete of the Week for week 10 of the spring sports season, sponsored by Edward Jones-Craig Holtzen.

TOM KOONTZ, SENIOR, TRACK AND FIELD

Louisburg senior Tom Koontz made Wildcat track and field history Saturday at the Class 4A state meet in Wichita. Koontz came home with four state medals, but more importantly, won titles in both hurdle races as he helped the Wildcats to a third place state finish.

His more impressive performance came in the 300-meter hurdles as he broke the school record in 38.98 seconds to win gold and knock off Hayden's Jake Muller, who defeated Koontz at state a year ago. Earlier in the day, Koontz flew to a title in the 110 hurdles as he won gold in 14.61 seconds. In the same race, teammates Mason Dobbins and Nathan Apple medaled second and fourth, respectively.

Koontz was a part of the 4×400 relay team of Hunter Heinrich, Colyer Wingfield and Ethan Ptacek that medaled fourth overall. Koontz, Dobbins, Caden Caplinger and Ptacek also teamed up to medal in the 4×100 as they finished sixth.

The athlete of the week award is announced every Wednesday morning during the spring season and the winner is selected by

Louisburg Sports Zone with the help of nominations from coaches.

Previous Winners

Week 1: Lexi Hampton

Week 2: Sabra Brueggen

Week 3: Emma Lohse

Week 4: Nathan Vincent

Week 5: Mia Wilson

Week 6: Reese Johnson

Week 7: Kolby Kattau

Week 8: A.J. Arriola

Week 9: Delaney Wright

