

# Week 2 Athlete of the Week: Sabra Brueggen



Here is the Louisburg Sports Zone Athlete of the Week for week two of the spring sports season, sponsored by Edward Jones-Craig Holtzen.

## **SABRA BRUEGGEN, SOPHOMORE, GIRLS SWIM**

Louisburg sophomore Sabra Brueggen opened her 2023 swim season strong as she earned state qualification times in two events during last week's home opener in Osawatomie. Brueggen won the 100 freestyle in a state qualifying time of 58.80 seconds. She later finished third in the 100 backstroke in what was a competitive field and qualified for state in 1:07.06.

Brueggen also helped a pair of relays to state consideration times. She joined Dana Mattison, Cadence Weichert and Janie Harth as they finished first in both the 200 medley and 200 freestyle relays. The 200 medley won in 2:11.08 and the 200 freestyle in 1:57.62.

The athlete of the week award is announced every Wednesday morning during the spring season and the winner is selected by Louisburg Sports Zone with the help of nominations from coaches.

Previous winners:

## Week 1: Rowan Yows

