

Brings Plenty finishes second at Wellsville, Wildcats medal four



Jerynce Brings Plenty ran a personal best time of 16:50 to finish second on Thursday at the Wellsville Invitational. Louisburg earned four medals overall.

WELLSVILLE – It was another meet and another handful of medals for the Louisburg cross country team.

Louisburg brought home four medals Thursday from the Wellsville Invitational as the Wildcats continued to see improvement in what was their third meet of the season.

Coming off a difficult race just five days prior at Wamego, Louisburg coach John Reece liked what he saw out of his runners.

“They did an awesome job at Wellsville,” Reece said. “After competing at Wamego and to race again on Thursday is tough. We work on different things within the race so it seems more like a workout/race than a true race.”

Jerynce Brings Plenty continues to improve on his strong junior campaign as he found himself toward the top of the pack once again.

Brings Plenty ran a personal best time of 16 minutes and 50 seconds and finished second overall to Central Heights' Cody Hammond, who ran a 16:37. Brings Plenty also led the boys team to a fourth place team finish with 93 points.



Louisburg senior Lola Edwards works her way through a pack of runners Thursday at Wellsville. Edwards medaled 21st overall.

Senior Noah Cotter also found himself at the front of the pack as he medaled seventh overall in 17:31. Both Wildcat runners have medaled in all three meets of their meets to begin the season.

“Jerynce had a very controlled first mile which allowed him to press the pace more later in the race, which is one of the

strategies we've been working on," Reece said. "Noah ran similarly and had a competitive race as well. They are really working well together and their races are showing their hard work."

Seniors Maddy Rhamy and Lola Edwards led the four-member girls team as they each left Wellsville with a medal.

Rhamy battled her way through the pack to finish eighth overall in 22:23, while Edwards earned her first medal of the season as she took 21st in 23:42.



Senior Erin Apple sprints toward the finish line Thursday at Wellsville.

"Lola went for it from the start and was rewarded for her effort," Reece said. "Since she did not run at Wamego, she had free reign to race from the gun and she did. Maddy worked on a controlled start like the boys and passed a ton of runners as

she pressed the pass through the second and third miles. Best I could tell she went from about 30th to 8th during the race.”

Senior Erin Apple just missed out on the top 30 as she took 31st in 24:18, while Lila Edwards rounded out the girls’ team in 57th in 28:14.

On the boys side, freshmen Levi Cotter (20:15) and Truman Ellison (20:16) finished toward the middle of the pack as they finished 32nd and 33rd, respectively.



Freshman Truman Ellison and the Wildcat boys finished fourth as a team Thursday at Wellsville.

Ben Proctor took 48th overall in 21:24 and Spencer Mattison was 61st in 22:12.

Louisburg will be back in action this Thursday as the Wildcats travel to the Prairie View Invitational. Races begin at 3:30

p.m.