Week 8 Athlete of the Week: Sabra Brueggen



Here is the Louisburg Sports Zone Athlete of the Week for week eight of the spring sports season, sponsored by Dr. Laura's Orthdontics.

SABRA BRUEGGEN, JUNIOR, GIRLS SWIMMING

Louisburg junior Sabra Brueggen has put together another memorable swim campaign as she hopes to make a lot of noise at the Class 5-1A state swim meet this Friday. Last week, Brueggen won the ILC league title in the 200 individual medley and 100 backstroke as she helped the Osawatomie-Paola-Spring Hill-Louisburg swim team to a third place finish.

On the season, Brueggen qualified for state in eight

individual events. Along with that, she will join Janie Harth, Cadence Weichert and Ella Bockelman as the Louisburg quartet also qualified for state in all three relays. At the league meet last week, Brueggen was also member of the 200 medley relay that won a league title, and swam a leg of the 200 free relay that finished as a runner-up.

The athlete of the week award is announced every Wednesday morning during the spring season and the winner is selected by Louisburg Sports Zone with the help of nominations from coaches.

Previous Winners:

Week 1: Jack Anderson

Week 2: Nathaniel Lamm

Week 3: Derek Frederick

Week 4: Izzy Moreland

Week 5: Maddy Carpenter-Ross

Week 6: Jaden Bentz

Week 7: Cooper Wingfield

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