

Week 9 Athlete of the Week: Sabra Brueggen



Here is the Louisburg Sports Zone Athlete of the Week for week nine of the spring sports season, sponsored by Landmark National Bank.

SABRA BRUEGGEN, SENIOR, SWIMMING

Louisburg senior Sabra Brueggen ended her high school swim career on a positive note Saturday at the Class 5-1A Kansas State Swim and Dive Championships in Topeka. Brueggen captured a pair of state medals and helped a relay win their consolation finals race.

Brueggen earned a sixth place medal in the 200-yard individual medley with a time of 2 minutes and 14.42 seconds. The Louisburg senior also medaled sixth in the 100 backstroke with a season-best time of 58.81 seconds. Brueggen, along with Ella

Bockelman, Janie Harth and Cadence Weichert, won the consolation finals of the 200 freestyle relay in a season-best time of 1:48.21.

The athlete of the week award is announced every Wednesday morning during the spring season and the winner is selected by Louisburg Sports Zone with the help of nominations from coaches.

Previous winners

Week 1: Luke Schultz

Week 2: Faith Sewell

Week 3: Meade Rutherford

Week 4: Brynley Bauer

Week 5: Rowan Yows

Week 6: Kendall Crossley

Week 7: Bristol Barbour

Week 8: Aidan Meyer



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