### Lady Cats overcome struggles to down Anderson County



Louisburg sophomore Brooklyn Diederich drives past an Anderson County player Friday in Garnett. The Lady Cats pulled away for a 53-43 victory over the Bulldogs.

GARNETT — For most of the game's 32 minutes, the defense of the Louisburg girls basketball team made things difficult on Anderson County.

The Lady Cats forced Anderson County into 33 turnovers on the road and it led to a 53-43 victory Friday at Anderson County High School. As nice as those stats were for Louisburg, the game still left plenty for the Lady Cats to work on.

Offensively, Louisburg turned the ball over 19 times and several players were saddled with foul trouble for most of the first half. Still, despite those things, a win away from home trumps everything.

"Any time you can compete and win a game on the road, it is a good win," Louisburg coach Shawn Lowry said. "Anderson County is a program that is getting better and you can see that in the way they were playing. Any time you can go on the road and play that hard, make a lot of mistakes and still come away with a win is great."

It was a rough start for both teams as both scored just seven points in what was a turnover-filled first quarter. The Lady Cats were able to settle down offensively in the second quarter and put some distance between themselves and the Bulldogs.

Louisburg outscored Anderson County 21-10 in the second quarter and took a 28-17 lead at halftime. The Lady Cats were able to do that despite the fact they had three players with three fouls in the first half.

Sophomore Brooklyn Diederich, junior Sydni Keagle and senior Kennia Hankinson came off the bench to provide crucial minutes for Louisburg. Diederich scored a season-high 11 points and was active defensively.

"Brooklyn came off the bench and I thought she played really hard," Lowry said. "Offensively she did some good things, but defensively she helped us a lot there. Kennia came off the bench, and since it is her first game back, it is going to take her a little bit to get going, but I think she worked through the nerves and contributed a lot. I was really proud of what Sydni did out there as well. They all gave us big minutes."

Sophomore Madilyn Melton was a steady force offensively for the Lady Cats as she finished with a game-high 20 points and had five rebounds.

Junior Erin Lemke had a game-high seven rebounds for Louisburg, while sophomore Alyse Moore and junior Haley Cain each had six rebounds. Senior Carson Buffington and Moore both finished with seven points to help the Lady Cats, while Buffington and Diederich led the way defensively with four steals each.



Louisburg junior Haley Cain goes up for a shot Friday against Anderson County.

Louisburg (2-1) continued to put away Anderson County in the third quarter as it tallied 18 points in the frame and forced 12 Bulldog turnovers that helped the Lady Cats build a 49-28 lead early in the fourth quarter.

"We still have a lot of stuff to clean up rotation-wise and we are not flying to the ball like we need to, but with that said, the base stuff we are doing I really like," Lowry said of his defense. "The girls are seeing more all the time and are working hard at it. This is only our third game running it, so we will only get better at it.

"We have to get better at scoring the ball. We are getting opportunities, but we just need to be able to finish. We will work on that and part of it is mentality to be able to finish."

It was the best of both worlds for Lowry on Friday as his team was able to get a win, but also gave him a list of things to work on at practice as the Lady Cats prepared for their game at Frontenac today.

"I am excited to watch film with the girls on this one because there are plethora of teaching moments in this game," he said. "I think it still speaks to how inexperienced we are in some places and some of the things that we are doing. We can fix all that stuff and work on it, but I still like their effort and toughness in making those mistakes. We are going to keep getting better."

LOU	7	21	18	9 –
53				
	_			
AC	7	10	11	15
- 43				

LOUISBURG (2-1): Madilyn Melton 8-10 3-3 20; Brooklyn Diederich 4-10 3-3 11; Carson Buffington 3-10 0-0 7; Alyse Moore 2-10 3-8 7; Erin Lemke 1-4 1-2 3; Haley Cain 0-2 2-2 2; Sydni Keagle 1-1 0-0 2; Kennia Hankinson 0-5 1-2 1. Totals: 19-52 13-20 53. 3-point field goals: 2, (Melton, Buffington)

## Simpson returns to court after season-ending injury



Madisen Simpson, a Louisburg High School graduate, is currently averaging nine points a game for the Hannibal-LaGrange women's basketball team this season.

Madisen Simpson's first year of collegiate basketball was a memorable one — that was until it was cut short due to injury.

Simpson, a 2017 Louisburg High School graduate, tore her ACL last season while planning for Hannibal-LaGrange. The road to recovery was a difficult one for Simpson, but now she is starting to see the fruits of her labor.

Now in her second season with the NAIA program out of Hannibal, Mo., Simpson is fully healthy and among one of the top players on the Trojan squad.

"The injury was difficult for me," Simpson said. "I think it was something that I never thought would happen to me and I couldn't imagine being off the court for 6 to 8 months. Coming back took some time, and it wasn't the easiest. But I knew I was ready to be back, and all I had to do was push myself. Luckily, I have some amazing teammates who were by my side and my parents did everything they could for me."

Simpson is averaging nearly nine points a contest for the Trojans and is one of the top outside shooters in the NAIA. She is currently 13<sup>th</sup> in the nation with 26 3-point field goals made and 25<sup>th</sup> in 3-pointers made per game.

Although the Trojans are just 2-8 to start their season, Simpson is excited to be back playing the sport she loves and watching her team grow throughout the season.

"Being back on the court is an amazing feeling," she said. "I was counting down the days after surgery, but I think I came back a little timid, so it took some time getting used to it all again. I definitely had some things, and still do, that I need to work on. But I am glad to be back with my team again on the court."

Simpson, who plays most of her games hours away from her hometown, will get a home game of sorts Saturday. Hannibal-LaGrange will travel to Park University on Saturday, which is only about 45 minutes away from Louisburg, and she hopes to see some familiar faces for the 1 p.m. tipoff.

"I love coming to Park and play," Simpson said. "Being close to home is always a good feeling and I loved seeing the support from the community when I played there last year. Louisburg is so supportive and I couldn't have asked for a better community to grow up in."

#### Burlington hands Lady Cats their first loss of season



Louisburg junior Haley Cain gets on the floor for a loose ball Tuesday during the Lady Cats' home game against Burlington. The Lady Cats lost their first game of the season, 48-32. The Louisburg girls basketball team encountered its first major test of the season Tuesday when it hosted the No. 3-ranked team in Class 3A, Burlington.

Burlington pressed the Lady Cats through much of the first half, and knocked down several open looks off turnovers, as it handed the Lady Cats their first loss of the season, 48-32.

"Our heads weren't right before the game started and that falls on me," Louisburg coach Shawn Lowry said. "We have to do a better job of preparing them mentally to be ready to go into a game like that against a really good team. We can't be psyched out before the tipoff. We knew what they were going to do and it is a program that has run that stuff for many years. I thought we were ready to go, but obviously we weren't."

Burlington jumped on the Lady Cats early as it took a 20-4 lead at the end of the first quarter, with many of those points coming off Louisburg turnovers. Louisburg wasn't able to dig out of the hole as Burlington outscored the Lady Cats 14-6 and took a 34-10 lead at halftime. Burlington also knocked down seven 3-pointers in the game.

The Lady Cats had a difficult time getting their offense going against a Burlington team that pressured the ball and weren't able to score much in transition. Only three players scored for Louisburg and bulk of the points came thanks to Carson Buffington and Madilyn Melton.

Buffington nearly finished with a double-double as she scored 14 points, pulled down eight rebounds and also added four steals. Melton also recorded double figures with 13 points, and was second on the team with five rebounds, along with junior Haley Cain.

Sophomore Megan Foote came off the bench to score five points in the second half in which the Wildcats were able to chip into Burlington's lead. Louisburg won the second half 22-14, but the Lady Cats weren't able to overcome the big deficit.

"We didn't play defense very well compared to last Friday," Lowry said. "We have to do a much better job with stances and rotations and flying to the ball. At the same time, Burlington has a great senior class with some really nice players.

"For me, I want us to feel that feeling the bottom of your stomach that you don't like very much after a loss. This group doesn't like this very much, so I am happy to see that. I think they will come back to practice to work really hard and get ready for Friday's game. Our preparation has to be at a higher level in preparing for every game we are going in to."

Louisburg will try to get back on track this Friday when it travels to Anderson County for its first road contest. Tipoff is set for 6 p.m.

L0U 32	4	6	14	8 –
BUR 48	20	14	10	4 –

LOUISBURG (1-1): Carson Buffington 4-8 4-5 14; Madilyn Melton 4-14 5-6 13; Megan Foote 2-2 0-0 5. Totals: 10-43 9-11 32. 3-point field goals: 3, (Buffington 2, Foote)

### Wildcats come up big in victory over Burlington



Louisburg senior Dylan DeShazer puts up a shot Tuesday during the Wildcats' home contest with Burlington. DeShazer scored eight points and pulled down four key rebounds late in Louisburg's 58-51 win.

The Louisburg boys basketball team needed something big to happen when its game with Burlington was tied with under three minutes remaining Tuesday at Louisburg High School.

Enter the Wildcats' two "biggest" players.

Forwards Noah Hill and Dylan DeShazer rose to the occasion as Hill converted two late baskets and was fouled on both to give the Wildcats the lead. DeShazer did the work on the glass as he pulled down four rebounds in the final two minutes to keep possessions alive and help give Louisburg a 58-51 victory.

"I think Dylan had three or four consecutive offensive rebounds and we know that we have to crash the boards because there are a lot of opportunities to get seconds chances for us," Louisburg coach Ty Pfannenstiel said. "You could say that it was the turning point of the game was that sequence there with those two guys, and for Dylan to come down with those was big. We have some good size kids, and when you play a team that doesn't have a ton of size, you have to take advantage of that."

With the game tied at 43-all with 2 minutes and 47 seconds left, the Wildcats rose to the occasion as they went on an 8-0 run to help put the game away despite a mini-Burlington run at the end to help keep it close.

Hill scored two baskets during that run, while Brayden Gage converted an open lay-up on a drive to the basket. Gage and Weston Guetterman also connected on free throws to give them a 51-43 lead with 1:31 left.

Burlington went on an 8-3 spurt to cut the Wildcat to three with 23 seconds left, but Gage and Madden Rutherford went 4-for-4 from the free-throw line to put the game away.

"It was not a great shooting night by either team," Pfannenstiel said. "They made some plays and hit some shots and put the pressure on us again. I think the kids did a good job taking care of the ball and we made plays when we needed to. Brayden made some big free throws and we were able to find a way to win."



Louisburg sophomore Weston Guetterman goes up for a layup Tuesday against Burlington.

Tuesday's victory was the Wildcats' second straight win to start their season and have already tied last year's win total with two. It is a mark that the Wildcats are happy to put behind them now.

"We've talked about that and we know how important it is to get off to a good start in these six games before Christmas," Pfannenstiel said. "Our kids are excited about that, but now we can put it in the rear view mirror. People are going to say those comments, but now it is a new season, it is a new team and we don't have talk about last season anymore."

Burlington put a lot of pressure on the Wildcat offense from the start, which made it difficult for them to get in a rhythm. Still, the Wildcats were able to hit big shots when they needed them.

Louisburg trailed by three points late in the first quarter, but junior Michael Waldron tied it up on a 3-pointer with 10 seconds left. Burlington took a 22-19 lead early in the second quarter, but the Wildcats went on a 9-1 run to go up 28-22 on a couple baskets from Guetterman and Hill.

Rutherford gave the Wildcats some momentum as he hit a 3-pointer with five seconds left to give Louisburg a 31-27 lead at halftime.

Offense slowed down for Louisburg in the third quarter as they went five minutes without a point, but the Wildcats managed to hang around thanks to two baskets from Kohl Vogel and another from Waldron. Hill put the Wildcats up four as he gathered an offensive rebound and recorded the putback with one second left in the third.

"We went through a little dry spell there in the third quarter, but we were able to stay in it," Pfannenstiel said. "They missed a couple shots that could have easily taken the wind out of our sails and we were able to bounce back and get good possessions. We preach that every possession is

important, whether it is the first one or the last. Every loose ball is important, every free throw and I think our kids are playing hard for four quarters."

Hill led the Wildcats in scoring with 14 points and also finished with 11 rebounds to record his first double-double of the season. Louisburg had balanced scoring throughout as Rutherford added 10, while DeShazer, Guetterman and Vogel each finished with eight. DeShazer also had seven rebounds.

Now the Wildcats will try to make it three in a row Friday when they hit the road for the first time this season. Louisburg will travel to Garnett to face off with Anderson County and Pfannenstiel knows these early games are important for his team.

"It was a huge win for us," he said. "We talk about that this game was kind of a turning point in our season for us last year as early as it was. Our second game of the year, we got out and beat Baldwin and then we lose a close game to Burlington and had a lead against Anderson County and gave it up in the end. Once that happened, we were never able to get that confidence the rest of the season and we never got any momentum going.

"We knew this was going to be an important week for us. We played well and got a win against Burlington and now we have a couple days to prepare and get ready for a very good Anderson County team. It was an important game and I was proud of the effort that our kids gave and executing at the end."

L0U 58	17	14	11	16 -
BUR 51	17	10	11	13 –

LOUISBURG (2-0): Noah Hill 6-8 2-5 14; Madden Rutherford 3-9 3-6 10; Kohl Vogel 3-9 2-5 8; Weston Guetterman 3-6 2-4 8; Dylan DeShazer 4-8 0-0 8; Brayden Gage 1-5 3-4 5; Michael Waldron 2-3 0-0 5. Totals: 22-48 12-24 58. 3-point field goals: 2, (Waldron, Rutherford)

#### Wildcats down Tonganoxie to win season debut



Louisburg senior Noah Hill gets ready to go up for a basket against two Tonganoxie defenders Friday in the Wildcats' season opener. Hill finished with 12 points in the Wildcats' win.

Winning just two games a season ago, the Louisburg boys basketball team wanted to make sure history didn't repeat itself this year.

After one game this season, the Wildcats are well on their way to not letting that happen and showed they are a much different team from a year ago.

Louisburg used a big second half offensively as the Wildcats came away with a 58-47 win Friday over the Chieftains at Louisburg High School. It was the way the Wildcats' had hoped

to start their season.

"It was a great win," Louisburg coach Ty Pfannenstiel said. "I thought our kids competed hard, played with a lot of emotion and we had fun out there. Obviously, having a little success allows you to play a little more confident. Our goal was to be 1-0 at the end of the night and I thought we played pretty well for our first game out. It was exactly what we wanted."

The Wildcats did have overcome some adversity along the way as they had to deal with foul trouble throughout the game and it forced different players to step up.

Junior Madden Rutherford put the Wildcats on his back in the first half as he scored 14 of his game-high 18 points in the first two quarters. He added 13 rebounds to stat line and finished with a double-double.

Rutherford also scored all eight of Louisburg's points in the second quarter and was active on both ends of the floor.

"He is a competitor and an athlete," Pfannenstiel said. "He played hard and he played to his strengths quite a bit. I thought this time out Madden was exactly what we needed. He played with a lot of energy and really did a great job rebounding the ball for us."

Senior Noah Hill, who also finished in double figures with 12 points and eight rebounds, gave the Wildcats a spark early on as he scored six quick points in the first quarter to help Louisburg get out to a 16-7 lead.



Madden Rutherford (left) celebrates with Ben Guetterman (22) and Weston Guetterman after Ben made basket and was fouled on Friday.

The Wildcats went through a dry spell in the second quarter as they scored one point in the final four minutes of the half, but they still held a 24-21 halftime lead.

Foul problems helped contribute to that as point guard Brayden Gage had it sit most of the game and Pfannenstiel relied on sophomore Weston Guetterman, who was playing in his first varsity contest.

It worked out well as the Wildcats bounced back to open the second half on a 7-2 run. Senior Kohl Vogel widened the lead even more as hit a pair of 3-pointers, and junior Michael Waldron followed with another to put Louisburg up 38-27 late in the third quarter.

Vogel had a big second half as he scored 11 of his 15 points late to help the Wildcats secure a big first victory.

"We went through a little spell in the second quarter where they got some momentum and we were in foul trouble," Pfannenstiel said. "We had some different guys in there, but we were able to weather that storm and come out and play well in the second half. It was good team basketball and it wasn't a one-man show. Everyone did their part and it was very unselfish basketball.

"Brayden never really got into the rhythm of the game because of fouls, but Weston Guetterman, in his first varsity game, did a great job and we couldn't take him off the floor the first three quarters because of that foul trouble. Almost everyone who was out there had some foul trouble and it was a little dicey there for a while. We had some kids step up on the bench and Kohl had a really nice game scoring the ball."

The Wildcats put the game away in the fourth quarter when Hill scored two quick baskets and Vogel knocked down a 3-pointer to put the Wildcats back up by double figures and they never looked back.

Louisburg will try and make it two wins in a row Tuesday when it hosts Burlington. Tipoff is set for 7:30 p.m.

L0U 58	16	8	18	16 -
TON 47	10	11	12	14 -

LOUISBURG (1-0): Madden Rutherford 6-12 4-10 18; Kohl Vogel 5-14 2-3 15; Noah Hill 4-4 4-7 12; Dylan DeShazer 3-5 0-0 6; Michael Waldron 1-1 0-0 3; Ben Guetterman 1-2 0-1 2; Weston Guetterman 0-1 1-2 1; Brayden Gage 0-1 1-2 1. Totals: 21-41 12-25 58. 3-point field goals: 6, (Vogel 3, Rutherford 2, Waldron)

#### New defense helps Lady Cats rout Tongie in opener



Louisburg junior Sydni Keagle rips down a rebound Friday during the Lady Cats' season opener against Tonganoxie at Louisburg High School. The Lady Cats rolled to a 58-26 win.

It was a new season for the Louisburg girls basketball team Friday when it opened at home against Tonganoxie, but the Lady Cats had a little different look to them.

Louisburg coach Shawn Lowry wanted to play to his team's strength and decided to employ a 1-3-1 defense to start the year. It would allow the longer, more athletic Lady Cats to cause more havoc.

It may have been just one game, but the new strategy worked like a charm.

The Lady Cats forced 25 turnovers and recorded 18 steals en route to a 58-26 victory over the Chieftains, in which Louisburg forced a running clock in the fourth quarter. It was the start to the season the Lady Cats were looking for.

"They are jacked up," Lowry said of his team. "After you go through three weeks of practice and the preseason conditioning that we had, just to get on the court and play in a game is great. Then to have a win on your home floor in the season opener is fantastic."

Offensively, Louisburg was able to feed off its defense as it used a 20-point third quarter to pull away from Tonganoxie as it got several baskets in transition. Defensively, the Lady Cats frustrated the Chieftains as they held them to just seven second half points.

"It is something we have worked on from the start of this season, but we did some stuff that I hadn't really done before," Lowry said of his defense. "For our first night out, I thought it went pretty good. There are a lot of things that we need to clean up, some rotation stuff that we need to work on, but all-in-all it was pretty good.

"All year long it is going to have to be that way for us. Our defense is going to have to set the tone every night out. Our effort, our hustle and our toughness is going to have to shine in every game for us to be successful."



Sophomore Alyse Moore goes up for a basket and gets fouled Friday in Louisburg's season opener.

Several players shined for Louisburg on Friday as the Lady Cats had three finish in double figures. Sophomore Madilyn Melton had a strong start to her season as she finished with a game-high 20 points.

Forwards Carson Buffington and Alyse Moore also cracked double figure scoring, and were also problems for Tonganoxie on the defensive end. Buffington, a senior, finished with 13 points and a game-high nine rebounds. She also had six steals and a team-high five assists.

As for Moore, the Louisburg sophomore finished with a teamhigh seven steals to go along with her 13 points and was 4for-4 from the field and 5-for-7 from the free-throw line. She also added three assists. The Lady Cats also got help from players that were new to the varsity lineup, including junior Erin Lemke, who finished with seven points.

"We got a lot of opportunities off our motion stuff and it really got us some cleaner looks at the basket without having to create a lot of things on our own," Lowry said. "The girls did well with it. We do have some girls that are learning new positions, but I am so proud of those kids that have been junior varsity players for us and have developed and grown up. You have girls like Sydni Keagle, Erin Lemke and Alyse Moore who are playing a lot of varsity minutes and they did great."

Both teams struggled to get into a rhythm offensively early in the game, but the Lady Cats did get out to an 8-2 lead in the first quarter and eventually settled in and led 30-19 at halftime.

The second half was all Louisburg as it outscored Tonganoxie 20-6 in the third quarter to pull away, and it was all thanks to the Lady Cats' new defense.

"That is a good team over in that other locker room," Lowry said of Tonganoxie. "They have some really good seniors and some really good post players. In fairness to them, going into the first game of the season and going against a team you haven't seen before, was probably tough and they maybe weren't expecting that defense. If we played them next week and they knew what to expect, who knows what the outcome would be. But I thought our girls did a good job tonight."

Louisburg will try to make it back-to-back wins Tuesday when it hosts Burlington, which is currently ranked No. 3 in Class 3A. Tipoff is set for 6 p.m.

LOUISBURG (1-0): Madilyn Melton 8-14 3-7 20; Carson Buffington 4-8 4-8 13; Alyse Moore 4-4 5-7 13; Erin Lemke 3-5 1-2 7; Haley Cain 1-3 0-2 2; Megan Foote 1-4 0-0 2; Aly Traffis 0-0 1-2 1. Totals: 21-42 14-28 58. 3-point field goals: 2, (Melton, Buffington)

## Buffington to lead more experienced Lady Cats



Louisburg senior Carson Buffington returns to lead the Lady Cats after earning All-Frontier League second team honors last year. Buffington and the Lady Cats open their season Friday at home against Tonganoxie.

In what was an eight-win season a year ago, the Louisburg girls basketball team featured a lot of youth and inexperience in its varsity lineup.

It was an up and down season that featured a pair of wins over rival Paola, before falling to the Panthers in the sub-state tournament and watched them advance to state. The Lady Cats also had to say goodbye to two starters from a year ago, including all-league performer Bailey Belcher.

However, the good thing about playing with a young team is that they get older and more experienced and head coach Shawn Lowry hopes that pays off for his group.

"We have been fortunate to have several unselfish players that have embraced the process of their development by playing wherever it was best for their team at the time and in many cases playing up to the six-quarter limit many nights," Lowry said. "As such, several of those girls are now positioned to step in at varsity roles to contribute.

"Last year we talked about having inexperience and a learning curve with new and young players. This year those players are more experienced, have a better understanding of expectations and have hit the ground running."

One of those players is senior Carson Buffington, who has hit the ground running since her freshman season. The Louisburg forward has led the Frontier League in rebounding the last three years, and is a 3-time all-league player, including a second team selection a year ago.

Buffington was selected team captain, along with junior forward Haley Cain, and both players fixture to be prominent players underneath the basket.

"Carson's leadership has been important for our team since she was a freshman," Lowry said. "At that time, it was more subtle in what she gave in practices and games. Now as a senior, she has really developed into a great leader for us. She's our vocal leader, no one works harder than she works and she is one of the most unselfish players."



Junior forward Haley Cain was named team captain with fellow teammate Carson Buffington.

Three starters return to help lead the Lady Cats this year in Buffington, Cain and sophomore Madilyn Melton, who started several games as a freshman. Juniors Sydni Keagle and Erin Lemke will also crack the starting five after seeing varsity minutes off the bench last season.

Senior Kennia Hankinson, along with sophomores Alyse Moore, Megan Foote, Brooklyn Diederich and freshman Delaney Wright will also be in the varsity rotation this season.

"What has been great coming into this season has been the growth and development of several players from last season," Lowry said. "We have several juniors and sophomores that are much stronger, more confident and improved fundamentally. We have had very good competition in our practices, girls are

really pressing each other and I expect we will have several girls play big roles at various points throughout the season."

The Lady Cats will need that experience as their schedule got tougher this year with the addition of three teams to the Frontier League in Piper, Bonner Springs and Tonganoxie. Add in returning state champion Baldwin to the mix and it will be another tough road through the league.

"The Frontier League will again have some of the very best teams in the state, particularly with the addition of those three schools," Lowry said. "Along with a very strong league, we will have the opportunity to play some very good teams in our non-conference and tournament schedule. With that said, I trust in our players to compete with great effort, toughness and pride every time we take the floor."

Louisburg will get its first chance to compete Friday when it hosts Tonganoxie in a 6 p.m., tipoff. The Lady Cats have been preparing for this day since offseason workouts began over the summer.

"The girls are working very hard in preparing for the upcoming season," Lowry said. "Our upperclassmen have been great in fostering an environment that is competitive and positive with their work ethic and attitudes. The girls are always anxious to start playing games after the preseason conditioning work and three weeks of practice."

#### Wildcats hope to rebound

#### after tough 2017-18 season



Louisburg's Brayden Gage will be one of four returning seniors to this season's Wildcat basketball team. The Wildcats will host Tonganoxie on Friday in their season opener.

It was rough season for the Louisburg boys basketball team last year, and one that saw the Wildcats in transition mode.

Ty Pfannenstiel was in his first season as head coach and the Wildcats won just two games a year ago. Several players stepped onto the varsity floor for the first time that season and saw a lot of close games slip away.

Although there will be a little more transition this season, with the loss of five seniors from last year, the Wildcats hope to turn some of those close losses into wins.

"I felt like we were competitive last year in most games, but it's going to take greater effort and execution to turn those efforts into wins," Pfannenstiel said. "Our kids really showed a lot of commitment this off-season and I feel like that will have a big impact this season. Practice has been going great so far and there has been great intensity and focus."

Louisburg returns four seniors that each saw minutes last season on varsity and all are expected to start when the Wildcats open their season Friday against Tonganoxie at home.

Guards Brayden Gage, Kohl Vogel and forwards Dylan DeShazer

and Noah Hill will all lead the Wildcats this season and Pfannenstiel is looking for big things out of those four players.

"All four are expected to be impact players for us this year," Pfannenstiel said. "Brayden will be a great leader for us on both ends of the floor. He's a competitor and I think our team will feed off of his energy. Dylan was a very productive player for us coming off the bench. We will expect him to be a big scorer for us both inside and out.

"Kohl Vogel is going to have to be a good scorer for us this year. He has the potential to be our very best defender as well. Noah is an incredibly competitive and scrappy player. He will have to be a force on the boards and be a great low post defender as well."



Louisburg senior Dylan DeShazer is

#### one of several Wildcat players returning with varsity experience from last season.

Junior Madden Rutherford, who also saw varsity minutes as a sophomore last season, will join the four seniors in the starting lineup. Junior Michael Waldron and sophomore Weston Guetterman will see significant time off the bench.

Junior Garrett Rolofson and sophomores Ben Guetterman, Connor Koesser, Andy Hupp and Konnor Vohs could all see varsity time as well throughout the year.

In the offseason, Pfannenstiel stressed shooting with his group as the players put up thousands of shots up over the summer to improve in that area. However, as much as his team needs to focus on the offensive end to get better, he knows that defensively is how his team will find success.

"The keys for this team will be to play to our strengths and be ready to compete every game that we step on the court," he said. I think we have a chance to be a very good defensive team that will give teams problems. We will have to play unselfish on the offensive end and we obviously have to shoot the ball better this year. Our kids put in a lot of time this off-season on shooting the ball so I hope that turns into confident shooters on the offensive end."

The Wildcats also realize their schedule got a lot tougher this season with the addition of three new teams to the Frontier League in Tonganoxie, Bonner Springs and Piper.

Louisburg will host Tonganoxie at 7:30 p.m., on Friday in its season opener and Pfannenstiel realizes there will be no easy game throughout the schedule.

"I think the Frontier League will be extremely competitive again this year," he said. "I think Eudora and Bonner Springs return the most. Spring Hill and Ottawa both return a good

core of their team as well. With the addition of Bonner, Tongie and Piper, the league will definitely have a different look. Each night will demand our best effort and execution and we are excited to get things started on Friday."

#### Hinkle ready to take on role as LHS activities director



Walking into Scott Hinkle's office, it doesn't appear he started a new job two weeks ago.

The moving boxes are mostly gone. His desk is organized with everything in its place, along with a calendar crammed full of upcoming events.

Hinkle is not shy to tell people about his love for the Boston Red Sox. Sitting on one wall are two older chairs from Fenway Park, along other memorabilia.

The one thing that Hinkle hasn't caught up on is his efforts to get some purple gear. An avid Kansas Jayhawk fan, he hasn't had need to purchase any purple flair in the past. Seems like that will change shortly as he was hired as the new activities director and assistant principal at Louisburg High School earlier this summer.

"I have been a Jayhawk fan all my life," Hinkle said. "It will

be a little weird to wear purple that is for sure, but I am sure I will get used to it. Before I left my old job, people found out where I was going so they started giving me little gifts with purple on it, like markers and stuff like that. They definitely got a kick out of that."

Hinkle takes over for Jeremy Holloway, who was promoted to principal at LHS and becomes the third activities director in as many years to take over that spot.

"My wife has family in Kansas City and I have family in Wichita and so we were looking to come this way," Hinkle said. "I had a couple friends that told me that the Louisburg position had opened up. I had heard of Louisburg a long time ago. I actually coached at Ottawa University in the early 90s and was familiar with the area. I came up, interviewed and here I am. It has obviously worked out well.

"Everyone has been so helpful and friendly and it is a good time to be coming to Louisburg. I am excited to be here."

Before taking the job in Louisburg, Hinkle had spent the last 22 years in the Liberal school district in a variety of roles. He served as the boys high school basketball coach, along with nine years as an activities director, a year as the head girls basketball coach at the local community college and last year he served as assistant principal at the high school.

Hinkle graduated from Valley Center High School, and went on from there to earn his bachelor's degree from Friends University, where he played basketball, and his master's from the University of Kansas.

Basketball has always been a passion for Hinkle, but during his time as activities director at Liberal, he had a chance to learn the life of other sports as well.

"Liberal changed a lot from when I first got there in the mid 90s when they were a football and track powerhouse," Hinkle

said. "There were just athletes galore, but the culture kind of changed. We were really good in soccer and decent in track and volleyball. We still had good kids and good athletes, but it was a big transition as far as sports go when I first got there. My kids grew up there and being involved and being able to watch their events was something that has always appealed to me.

"Basketball has always been in my blood. Other than my nine years as athletic director, I have coached in some capacity and I am a big basketball fan. Obviously, being an athletic director I am just a big sports fan in general."

Still new in town, Hinkle is still trying to get to know his coaching staff, but he is excited about the situation he is walking into with the Wildcats finishing as state runner-ups in volleyball and girls soccer last season. Several cross country, golf, wrestling and track athletes also earned state medals.

However, if there is one thing he wanted to relay to everyone is that he wants to give his coaches the freedom to run their programs.

"I want to let the coaches, coach," he said. "I am not going to be the guy that says this is how we did things in Liberal and I am not that type of leader. If it comes to the point where they need some advice, I want to be a resource for them. I don't want to be someone that is looking for something.

"I have met a few of the coaches. I have let them know that I am here if they need anything. I have stopped by the weight room to speak to a few coaches and some have stopped by to introduce themselves. I am still learning names and faces. We have a coaches meeting on the 10<sup>th</sup> and I will see and learn a lot more about them then."

With all the success the Wildcats had last season in the

sports arena, Hinkle is happy to be a part of the LHS family and is learning new things about the town every day.

"I have heard all types of things," he said. "I have heard they take football pretty seriously here. I know they were state runner-up in volleyball and girls soccer last year and that is an exciting thing to walk into. I think expectations are obviously high in those sports, but I think everyone always has high expectations. I am not going to do anything different than normal and I am just going to sit back and observe for a while and take it all in."

Hinkle will experience some different things along with his new position. This season, the Frontier League will welcome three new teams — Bonner Springs, Piper and Tonganoxie — and will say goodbye to De Soto.

Another big change will be the postseason formats with several sports as the Kansas State High School Activities Association reshuffled their classification system, eliminating Class 4A-Division II.

"With the changes in the league, the classification system and being a new AD, it is probably a good time to be coming on," Hinkle said. "The learning curve is going to be the same for all of us.

"I walked into a good situation for scheduling because (Holloway) already had everything all taken care of," he said. "I think the dynamics of the league are going to change. Liberal's former girls basketball coach is the coach at Piper and I know a little bit about them. As far as the programs and rivalries, that is something that is going to come with time."

Even with all the changes in his life — moving, starting a new job, getting to know new faces — Hinkle is ready for what lies ahead and the staff at Louisburg has helped with that transition.

"It has been a whirlwind and it has been information overload," he said. "It is a lot of the same things I did in Liberal as athletic director, I just haven't done it for the last five years. Being an assistant principal at Liberal last year, I think, helped me prepare for the principal side.

"People have just gone out of their way to be helpful. From the administration to the custodial staff to the secretaries, everyone has been super helpful. When I was out around town, people have welcomed me and it has been a friendly feel everywhere I have been."

# Holtzen accomplishes rare feat earning 12 varsity letters



Isabelle Holtzen became the first female athlete in Louisburg High School history to earn 12 varsity athletic letters after finishing out her senior season. Holtzen earned letters in cross country, basketball and track and field in each of her four years of high school.

Once Isabelle Holtzen received her diploma and walked out of Louisburg High School for the last time as a student, she officially became one of the most decorated female athletes in school history.

No, she doesn't have any individual state championships, or even one as part of a team. Holtzen's decorations aren't ones in the form of trophies or all-state honors, but instead, they can be found on the front of her letter jacket.

Holtzen became the first female athlete in at least 20 years to earn 12 varsity letters, which means she lettered on the varsity level in three sports in each of her four years of high school.

In research done by Louisburg Sports Zone, it was unable to find the last athlete to accomplish the feat, which could mean Holtzen could be the first Lady Cat to do so.

The last athlete to come close was in 2001 when Krystal Bowes earned 10 varsity letters before moving on to a collegiate track career at Wichita State.

"The biggest thing that it means to me is to just have an opportunity to participate in three sports at a school like Louisburg," Holtzen said. "The bigger the school that you go to, the harder it is to play multiple sports at the varsity level and I think Louisburg is unique in that fact. The best part of this whole journey was I think my freshman year because there was no pressure and no one was expecting anything from me. It was surprising and exciting to be able to letter in all three sports."

Thoughts of finding her way onto the varsity team her freshman year was one she couldn't even fathom four years ago. She wasn't experienced in cross country. She enjoyed basketball, but didn't even dream of playing with the school's best.

In track, Holtzen would qualify for state in the pole vault for all four years of high school and earned two state medals. It was that sport where she almost didn't get a letter her freshman year.

It is the same sport where she earned a Division I scholarship offer to pole vault at Northern Iowa University next season.

"I was not very good my freshman year," Holtzen said. "I wasn't that great in pole vault and I remember throughout the season that I would add up all my points to see if I was going to have to have enough to letter. I actually barely lettered my freshman year. I think you had to get 20 points and I ended up getting 20.5 or something like that.

"In basketball, I was not expecting to letter at all and it didn't even cross my mind that it would. We had some really good seniors that year in Natalie Moore, Kirstin Lowry and Kallie O'Keefe and they were all playing at a high level. I just remember standing next to them and I was about 4-5 inches shorter than they were and I felt like a little freshman. I wasn't expecting to play any varsity at all. I thought freshman and maybe a little JV, so it was surprising when I got a few minutes on the varsity level."

However, it was in cross country where she first realized that she had more to give and it was thanks in part to a special conversation from a senior.

Holtzen found herself holding back in practice and not wanting to pass the team's upperclassmen. She was told that things needed to change.



"My freshman year I had some of the best seniors that I have ever gone through here," Holtzen said. "Mary Kate Roy always pushed me in cross country. One time at practice she pulled me aside and told me that if I want to be faster that you are going to have push yourself and don't be afraid to go ahead of us.

"Her saying that really impacted me because I was all about running with my friends, but I realized that I needed to push myself for my teammates and have a chance to get team medals and individually get better too. As a scared little freshman, what she said really meant a lot."

Very quickly, Holtzen found her way to the varsity level in cross country and stayed there through her four years. This past season, Holtzen was on the Lady Cat squad that became the first team in school history to qualify for the Class 4A state meet.

"It is a big accomplishment to earn a varsity letter in any sport, but to do that all four years in three sports is amazing," Louisburg cross country coach John Reece said. "Most freshmen find themselves waiting their turn to see varsity time and understand their role. Isabelle was looked to by her coaches to step up and fill voids at the varsity level as a freshman and even be a top performer for the team in some cases.

"She was prepared in her athletic skills to do so and also went through the growing pains of mentally developing at the next level of competition. Because of her never quit attitude, she took coaching criticism, both positive and negative, and used it to get better. In cross country, she ran her way into the top seven and never looked back. She was always a top five runner for the team and was that kid that would run their guts out to support her teammates in front of her."

After seeing a little varsity time her freshman year in basketball, Holtzen eventually worked her way up the ranks to where she found herself as a starting guard and team captain her senior year.

"To accomplish something like this requires such significant commitment and determination," girls basketball coach Shawn Lowry said. "She's such an impressive student-athlete because of the leader she was for multiple teams at Louisburg High, her high level of success in the different programs and her outstanding academic performance."



Earning 12 varsity letters might be impressive enough to some, but it certainly wasn't enough for Holtzen as she also had a lot of success in the classroom.

Holtzen was No. 1 in her class with a 4.0 GPA and was a fixture on the Wildcat debate team. She went on to finish third in the state in the 2-speaker competition for two years and was also a member of the 4-speaker team to take third at state last season.

To find time to participate in three sports, debate and find a way to get her school work done, Holtzen had to become a master planner.

"The biggest you thing you have to do, no matter what activity you are doing, is you have to prioritize your time," she said. "You have to choose what is the most important to you and what is going to help you most on the long run.

"For me, it was having good grades. Learning in school is going to transfer in my job later in life and the odds of me actually pole vaulting professionally are really, really slim, so you have prioritize getting your homework done and staying on task in class. A lot what I tried to do was to get as much stuff as I could in class and then after school I could I just go to my sport and finish up the homework later."

In a time where specialization in sports has become the norm, the multi-sport athletes are becoming harder and harder to come by.

At a smaller school like Louisburg, many believe it is important to have athletes out for multiple sports if it wants to compete at a high level and Holtzen enjoyed her time with the different activities. In fact, she believes it helped her in her sport of choice — track.

"On the athletic side, playing multiple sports keeps you from getting injured because you are working different muscles constantly and not overworking the same ones," she said. "Outside of that, I like doing different activities because it is fun and I get bored when I have to do the same thing over and over again. Being active helps keep it more fun and exciting. Each sport taught me something different.

"Cross country teaches you to push through how hard it is because it is a big mental game and the most successful runners may not be the fastest, but they are most mentally strong. In basketball, I think it teaches you a lot of hard work and commitment and you have to work with other people and not just yourself. With doing pole vault, it is just fun for me because you have to learn a lot of different things and it teaches you patience."



However, the drawback of being involved in so many things is that sometimes they will overlap, which has happened the last few winters with basketball and debate. Holtzen has had to miss games to attend state debate competitions.

"Basketball season is when it got the hardest for me because it was the same time as debate," Holtzen said. "Both of those are team activities and I don't get to set my own schedule. It was hard for me to balance the two and I definitely thought about quitting one or the other a few times, but I didn't because I enjoy them way too much.

"It is really hard when I have to tell my coach I am not going to be able to be at the game, because it is going to be hard for the team. Everyone on the team has a role, and whenever I am not there to fill my role, it is hard for them and hard for me. I don't want to miss any games because it is so much fun and you make memories from those."

Despite all the hustle and bustle of being a 3-sport athlete and achieving academic success, Holtzen would do it all over again if she could.

"It will mean more to me later," she said of the 12 letters. "My parents have always told me to do three sports and to be involved in as many things as you can. For me, I was going to do it no matter what. I know not everyone thinks that way or has the opportunity. When I look back at high school knowing that I got everything out of it that I could by being involved in three sports and other activities, I will definitely appreciate it more later on.

"It is awesome to see other people doing multiple sports because it is extremely fun and you get to meet and be involved with different people. You get to have a lot of memories with these girls and I think that is one of the best parts of high school."