

Wildcats overcome slow start to win season opener going away



Sophomore Colin McManigal scored two goals late in the first half to give the Wildcats some momentum Tuesday against Fort Scott.

FORT SCOTT- Through the first 30 minutes of Louisburg's season opener against Fort Scott, Wildcat coach Kyle Conley didn't recognize what he was watching.

It wasn't the same team that he had been accustomed to seeing at practice the last several weeks. Fort Scott took an early first half lead and the Wildcats all of sudden found themselves behind.

The Tigers' lead didn't last long as Louisburg scored eight unanswered goals, including six in the second half, to pull away for a comfortable 8-2 win over Fort Scott on Tuesday at Ellis Park.

"We had a nice conversation at halftime and the boys responded," Conley said. "We came out and pressed and played a lot quicker. The boys stepped up and created havoc. To be honest, I was expecting us to start the game that way. The second half, we just did a much better job of finishing our opportunities."

Ten minutes into the contest, the Tigers took the one-goal

lead despite the Wildcats having numerous chances on goal. In the game, Louisburg took 41 shots, 22 of which were on goal.

Late in the first half, it was sophomore Colin McManigal who got the Wildcats the momentum back as he scored back-to-back goals in the final five minutes, including one on an assist from sophomore Ethan Ptacek, to put Louisburg up 2-1 at halftime.

"The first 15 minutes of the game was wide open and we struggled to stay on sides and to finish a ridiculous amount of breakaways," Conley said. "The thing we need to remember is that we have 25 underclassmen on our team. Expectations are hard to live up to at times with young teams. It showed us we have a lot to improve and work out, but we also did some really good things with a scrappy, physical team like Fort Scott."

The flood gates opened in the second half as senior Treston Carlson scored in the first 20 seconds and then followed it up with an assist to sophomore Cade Gassman as he made it 4-1. Gassman then sent a kick from the corner toward the goal and junior Hunter Rogers headed it in to extend the Wildcat lead.

Eight minutes into second half, junior Braden Yows scored on a penalty kick and then Yows assisted Carlson on a pass from the corner to make it 7-1. Gassman widened the lead even more with his second goal of the game and sealed the win for the Wildcats.

Although the Tigers were able to score twice, they didn't get many opportunities against the Wildcat defense as the back line of Rogers, Toby-Espina Roca, Luke Faulkner and Michael Seufferling limited shots and goalie Mack Newell recorded a save in his first varsity match.

"The boys did fine," Conley said of his defense. "They worked really hard and communicated really well. I would like to see them mark tighter and be more aggressive with balls in the

air. Fort Scott plays different than most teams that we play, but it should give us things we need to work on.”

Louisburg will try and make it two in a row tonight when it hosts Basehor-Linwood in its home opener. It is also Senior Night for the Wildcats and the match will begin at approximately 6 p.m.

Wildcat soccer has eyes on state final four



Senior Treston Carlson (12) is one of several returning scorers for the Louisburg boys soccer team this season as the Wildcats bring back 91 percent of their scoring from a year ago.

The Louisburg boys soccer team had one of the most successful seasons in program history a year ago when the Wildcats captured a Frontier League crown, a regional title and set a program record with 16 wins.

Still, after it was all over, there was a feeling of disappointment on how it all ended.

The Wildcats lost to the eventual state champion, Bishop Miege, in the state quarterfinals and saw their goal of making it to the state final four come up just one win short. That

day has fueled the fire for many around the Louisburg program and they want to take that next step forward.

“A year ago, this group went 16-2-1 which was arguably the greatest seasons in Louisburg soccer history, but that was last year,” Louisburg coach Kyle Conley said. “We are focusing on this season and getting back to improving this year’s team. The boys are picking things up quickly and it’s allowing us to advance faster in regards to implementing more advanced technical aspects. This group is going to be very special.”

A big reason for some of the excitement around the program is the Wildcats return 15 letter-winners from a season ago, including 10 who saw time in the starting role at some point and time.

Between varsity and junior varsity, the Wildcats have 40 players on the roster, including 10 seniors. Even with that, Louisburg has a very young group that includes a 19-member sophomore class.

Since the Wildcats have so many returning players on the roster, it has helped them weather the COVID-19 pandemic that forced restrictions on teams throughout the summer, along with taking extra precautions during the season.

“Practices have been going really well,” Conley said. “The boys are doing a great job dealing with adversities well and are really focused on their goals. Overall, we are still a young team, but for a young team we have extremely high goals. I think the best strength that this team may have is our depth at every position.

“The team is very determined and focused for this season. Covid is what it is and the boys will do whatever it takes to make sure their goals are achieved. They are spread out during water breaks by designated cones for each player, spraying with hand sanitizer, we are masking up during any down time,

and we are refraining from unnecessary high fives or fist bumps. The boys are ready to show 4A what we are all about and that we are not just a fluke.”

One of those strengths can easily be found on the attacking side of the field as the Wildcats feature speed in the middle of the field and up top.



Junior Braden Yows returns to lead the Wildcats this season after being named the Class 4-1A Co-Midfielder of the Year.

Junior Braden Yows, who was named as the Co-Midfielder of the Year by the Kansas Soccer Coaches Association in 2019 and was a first-team all-league player, returns as a key cog in the Wildcats’ attack. Yows had a big season as he finished the year with 11 goals, three of which were game-winners, and ended with a team-high 14 assists. He also had 44 shots on goal.

Sophomore Cade Gassman played just as big of a role in the Wildcats' success as he finished with a team-high 18 goals, including four game-winning scores, to go along with five assists from his forward position. Gassman, who also earned first-team all-league and all-state honors a year ago, will give the Wildcats a nice 1-2 punch with Yows.

"Cade and Braden are extremely talented players," Conley said. "These two provide a lot of attacking ability for us, but also a lot of versatility. Both of these young men have played a variety of positions for us this preseason and we will love to be creative in our lineups to maximize those two talented young men."

In fact, the Wildcats return 91 percent of their scoring from a season ago and senior Treston Carlson will join Gassman and Yows as goal scoring threats. Carlson was a second-team all-league and all-state player in 2019 as a forward and finished the year with 12 goals and five assists.

Junior Jaden Vohs and sophomores Colin McManigal and Gavin York, will all see time at the forward spot throughout the season. Seniors Haden Yeager, Logan Faulkner, Dacey Wieland, Caleb Shaghnessy and Reece Jones, along with juniors Isaac Guetterman, Hunter Rogers and sophomore Ethan Ptacek, are all vying for playing time in the midfield.

"Attacking is going to be our strong suit this year," Conley said. "In 2019, we scored 58 goals and had 35 assists. This team returns 91 percent of our scoring and 88 percent of our assists. I think we are going to be extremely dynamic up top and going to cause a lot of problems for teams. Treston has worked hard to get stronger and more dynamic this summer and it is showing."

"Once again, that was last year. On paper this team looks very impressive, but good on paper doesn't mean a whole lot. That has been our message to the boys. Each game, we are going to

step out with something to prove.”



Michael Seuferling (1) and Toby Espina-Roca (29) return as starters to help lead the Louisburg defense.

Louisburg lost a few key pieces from its defense from a year ago, but will still feature a lot of familiar faces. Gone is all-league and all-state goalie Garrett Rolofson, Co-Defensive Player of the Year in Ryan Haight and long time starter Will Frank.

Still, the Wildcats return several defenders who saw starting time a season ago, including outside back, Michael Seuferling. The Louisburg junior was a second-team all-league and all-state player last season.

Also returning are seniors Ethan Showalter, Luke Faulkner, Weston Frank, sophomore Toby Espina-Roca and freshman Austin Jamison. A pair of sophomores in Mack Newell and Matthew Sword

are also competing for the starting goalie spot.

“Losing Ryan, Garrett and Will are going to be tough to replace, but Ryan and Will missed a lot of time with injuries last year and we had to play younger experienced players at those positions,” Conley said. “That helps a lot this year, because those young players were forced to step up and fill the void. Losing Rolo will hurt, but we have two really talented players battling to fill that position in Mack Newell and Matthew Sword. I think centerback is our weakness going into this season, but we spent our preseason looking to fill that position and the boys have been working hard.”

With their season opener at 4:30 p.m., Tuesday at Fort Scott, the Wildcats begin their journey for a spot in the state final four and are excited for what the season has in store.

“This group will have the same goals as the previous teams I have coached here,” Conley said. “They are wanting to win more than 10 games in the regular season, compete for a Frontier League title, win a regional championship and make a 4A-1A State Final Four. This senior class has won two Frontier League Titles and two Regional Championships. They are hungry to add to that and they want more.”

Frontier League announces policy to limit fan attendance



Student crowds like this one will be hard to come by for the 2020 season as the Frontier League announced a plan to limit attendance.

Crowds at Frontier League athletic events will look different for the 2020 fall season.

They will also look a lot smaller, too.

On Sunday evening, the Frontier League announced the member schools will be limiting crowd size to allow social distancing and safety at facility-based events due to the spread of COVID-19 in the area.

The plan features several guidelines, but the biggest announced is that four league tickets will be created for volleyball, soccer, football, and cheerleaders rostered to play/perform that night. Tickets are good for Frontier League home and away games.

Coaches will receive two tickets and those numbers could go down if dictated by the host school's county health department.

Member schools in the Frontier League include Louisburg, Paola, Ottawa, Eudora, Baldwin, Spring Hill, Tonganoxie, Piper and Bonner Springs. Piper and Bonner Springs are forced to play every game of their season on the road as the Wyandotte County Health Department prohibited non-professional sporting events to be conducted at this time.

The new rule will also make it harder for students to come support their classmates, as well as town members that don't

have an immediate family member participating.

"Depending on the facility capacity, home or away, the amount of tickets available for that contest may be reduced," Louisburg activities director Michael Pickman said. "The athletic director will work with coaches to communicate the available number of tickets for each contest. We will be looking at expanding seating at events to grassy areas where safe, allowed, and possible, so we encourage people to bring lawn chairs or blankets. Designated home and away sections will be identified and utilized.

"We understand that this will affect the student and patron opportunities to attend games, but the ability to provide an environment where social distancing can occur can only be achieved through limiting capacity. We will be live streaming as many home events as possible in lieu of this fact."

Each rostered athlete and manager will be given four laminated tickets. These tickets will then be given out to the fans the student chooses. To enter a game a fan must have this ticket to present to the ticket taker and that student must be rostered for that contest. Admission, if applicable for the contest, will be charged at that time.

If the contest is a home event and the fan has a valid activities pass, this will count for admission, but the student ticket must still be presented. Schools have the authority to decrease the number of tickets as it relates to their county guidelines and facility space.

Four league tickets will be created for dance and band members for home events. These tickets can be used at home events only. These numbers could be less if dictated by the host school's county health department.

Each gate will have a detailed roster for both teams. Any players not rostered for that night's event will not be allowed to have spectators enter the stadium. League passes

are only for administration and school board at the current time.

According to Pickman, appropriate face coverings are required by all in attendance for indoor events, as well as social distancing from those who do not reside in the same household.

At outdoor events, fans should socially distance from those who do not reside in the same household and appropriate face coverings are required to enter, at concessions stands, at restrooms, and anytime you cannot socially distance. While the league encourages masks at all times, fans may remove their face coverings once proper social distancing of six feet from all people not residing in the same home occurs and is maintained.

For Louisburg, the threat of not being able to complete their season forced many of the programs to move up their Senior Night games to their first home contest of the season.

The Lady Cat volleyball team will host Senior Night on Sept. 1, and the boys soccer team will take place on Sept. 3. Football, dance, cheer and band Senior Night will be held on Sept. 4.

LHS fall sports practices underway with precautions



With the cloud of a different looking fall season hanging over their heads, the Louisburg High School fall sports teams officially got back to work Monday for the first day of practice.

The possibility of having a shortened fall season due to the COVID-19 pandemic hasn't scared off Wildcat athletes from giving this season a go and making the most of it.

All four teams saw good numbers on the first day of practice as it was business as usual for many of those squads.

In all, Louisburg saw a total of 181 athletes come out for sports at the high school level. Those numbers will drop when volleyball and boys soccer makes their cuts, but it shows the athletes aren't afraid of what lies ahead and are excited to get their season going.

For the Louisburg football team, Wildcat coach Robert Ebenstein has 70 players out this season after the Wildcats finished last year with a 6-4 record and spot in the regional playoffs.

Practice has been similar than in year's past, even with COVID-19, however the players and coaches are doing their part to stay as healthy as possible. That includes players bringing their own water bottles to practice and coaches instructing with face coverings.

"The kids and coaches were very excited to get back to it," Ebenstein said. "We have a very young group and it was good to see them get out on the field and compete."

"We are following all the guidelines passed down from KSHSAA, the county and general guidelines from our school administration. The kids have done an amazing job buying in and doing what we have to do to ensure we get our opportunity to play this season."



On the volleyball court, the Lady Cats came together to try and put together another strong season. Louisburg finished last year with a spot in the state tournament and took fourth overall.

When practice began, Louisburg had 38 athletes out for volleyball and the Lady Cats will try and continue to work off what they have done over summer as they try and make it back to the state tournament. Practices have looked a little different than in year's past as players and coaches are wearing face masks at all times, unless certain physical activities are taking place.

"I think the first few days have gone well," Louisburg volleyball coach Jessica Compliment said. "We have a set of

volleyball skill drills and physical tests that each athlete completes as part of the tryout process. Like every year, they are excited to get the season started. I'm sure there are different emotions because there are some unknowns. We are preparing to compete for the entire season but know there is the possibility it could be cut short or we could see adjustments to our schedules that are out of our control. We had 35 athletes, split among three teams, participate this summer in a league ran out of Olathe. Playing for six weeks over summer gave us an idea of what the season could look like and how we can adapt to the new guidelines that have been put in place.

"We are still practicing social distancing so we've adapted some of our drills to accommodate for that while also creating a competitive environment. We are encouraged to work in smaller groups when possible as well. As the season progresses, we'll see the biggest changes come when we have a match because some pre-game protocol has changed as well as structure during a match. For instance, teams will not switch benches at the conclusion of a set."



The Louisburg boys soccer team is coming off one of its best season's in program history as the Wildcats reeled off 16 wins a year ago and won a regional title. Louisburg returns several starters from last season and the Wildcats currently have 43 players out.

Along with football, soccer is considered a close-contact sport and the Wildcats are doing everything they can to keep themselves – and others – healthy throughout the year.

“The first day of practice was a typical first day,” Louisburg soccer coach Kyle Conley said. “We were a little rusty, but we got through it. The boys are incredibly grateful for the ability to play the game they love. The boys have some massive goals this year and understand what it is going to take to obtain them.

“We made the kids have their masks on during breaks and their own water bottle. This will hopefully limit the chance of COVID spreading.”

The one sport that probably won't see too much change this season is cross country. The Wildcat runners are coming off a season in which they had a runner – Trinity Moore – take third at state and watched as the girls' team qualified for state for the third year in a row.



Louisburg still has high goals on both the girls and boys side and the Wildcats have 30 athletes out this season. Thanks to a successful summer of running workouts, Louisburg is ready to get its season underway.

"We are always excited to get started," Louisburg coach John Reece said. "This year is not much different because we had a great season last year and the returners are very focused on improving over last year. Once summer running got started, a sense of normalcy crept in and we started getting ready for the season. They were excited to be with friends again.

"Not much has changed for us since there is not 'contact' during our races. The only thing that could change is how races are started to reduce numbers and losing meets due to a

large number of schools participating. We are already scrambling to get a first meet in this year. We will make it happen for the kids.”

LHS coaches thankful, excited about KSHSAA ruling on fall sports



Coaches, parents and athletes held their collective breath last week during the Kansas High School Activities Association’s executive board meeting.

People around the state watched to see what KSHSAA would recommend for fall sports during the current COVID-19 pandemic. Back to school will be different than normal, and for some, will start after Labor Day due to a high number of positive cases.

Still, many have wondered what was going to happen to fall activities around the state and they got their answer. A motion by KSHSAA failed 5-4 in the executive board session, which in turn allowed the fall sports season to continue as scheduled.

“I am relieved that we know a definite start date and there will be no changes to the start of games,” Louisburg High

School activities director Michael Pickman said. "The kids and coaches worked all summer, and I didn't want to see that start date delayed and lose that progress. However, there will be some changes due to the pandemic so the focus turns to safety. The last thing I want is for the athletic events and protocols to create the spread of COVID that affects the academic side, so it will be very important that we take the recommendations of the health organizations and KSHSAA to make the athletics and competitions as safe as possible for this year."

During the meeting, KSHSAA had proposed keeping the original start of practice date of Aug. 17 for all activities. For activities being able to allow social distancing and minimal contact, such as girls golf, girls tennis, cross country, debate and scholars bowl, no modifications were recommended.

However, the proposal called for moving the start dates for competition in football, volleyball and boys soccer to begin no earlier than Sept. 8 – which basically took a week of their season.

It would have made football an eight game season, instead of the normal nine. For soccer, number of games would have been reduced from 16 to 14 and volleyball would have been reduced from 36-30 points.

For many of the Wildcat head coaches, the vote of the executive board was a breath of fresh air in what has been a challenging spring and summer for local athletes.

"I really think it was a good decision," Louisburg football coach Robert Ebenstein said. "The kids deserve a chance to be able to play their season. It could be different than we have seen before, but I think we have done a good job of keeping the exposure down. They deserve this opportunity and activities like football will keep kids focused on school as well. I believe it is something they need."

"It was also good decision for the whole state. Yes, we are close to the metro, but you have schools like Smith Center or somewhere else in the state where the exposure is low. Starting the season on time was the right thing to do, and if there are cancellations, it gives schools an opportunity to reschedule if they need to."

Louisburg's boys soccer program is looking to have another big season as it tries to repeat as a Frontier League champion and their 16 wins from a year ago. Although, the Wildcats are looking forward to getting their season underway, they realize things could change on a daily basis.

"I was extremely excited," Louisburg soccer coach Kyle Conley said. "There were so many rumors and recommendations that were flying I was worried. The vote at least gives this group an opportunity to actually get some games in. This gives the boys soccer team a chance to back up the season they had a year ago. I am excited to see us at least get a chance to start the season."

"I will be honest, I was extremely worried over the summer. In fact, a comment was made in the KSHSAA executive board meeting that still has me worried. They said let's start the season as soon as possible, because we are not sure how long it is going to last. It will also be interesting to see if the CDC or local health departments change their protocols when someone may have it, otherwise teams will be shut down right and left because they might have the virus."

Cross country is a sport that considered somewhat safe when it comes to the spread of COVID-19. Louisburg head coach John Reece has treated this summer like normal.

Reece had 35 runners out for the first day of their daily morning runs, and have averaged 20 a day since then. It is considered a "socially-distanced" sport, and one that KSHSAA had no problems with starting their schedule on time.

“Very excited for our seniors to have a fall season,” Reece said. “I’m not gonna hold my breath as who knows what could happen in a month. For now it is go time, and we will be ready.”

“We have been able to transition into some workouts on Wednesdays to get some quality work in. The rest of the time we are running this town and getting in the miles. It is going to be another fun year for both boys and girls teams. We want to get both to state and we will work hard to accomplish this goal.”

Volleyball is the one indoor sport in the fall, which has some worried about how social distancing will work in the gym and how many teams will be invited to tournaments. As for now, nothing has changed in that department, and head coach Jessica Compliment is looking forward to working with her team in a couple weeks.

“It’s nice to know what the season is going to look like,” Compliment said. “The uncertainty and the unknowns for the upcoming school has been a little unnerving, but I am happy to see that the players will have a season.”

“I do not know of any changes to our schedule as of right now. I have been told the schedule will go as scheduled until we hear differently. I have not heard from tournament host schools on whether or not they plan to change anything.”

As far as spectators go, there has not been a limit set as of yet as members of the school district are working on protocols to use during the season. For now, the obvious guidelines are the ones people experience on a daily basis.

“There will be guidelines more than restrictions as related to Covid-19 safe practices that align with each sport and specific to that sport,” Pickman said. “Universal aspects like wearing masks to practice and during periods of inactivity will apply to all. Cleaning equipment schedules and protocols

to have water bottles and cease use of water fountains, etc, along with others are sport specific guidelines for both practice and game day. These documents are being drafted and will be communicated once final.

“We are following the Executive Order 20-59, so if the event is outside, there will not be masks required, but we will still encourage social distancing. If the event is inside, masks will be required as well as social distancing encouraged.”

The district has had to make one change to the start of the fall season and that is the cancellation of the Fall Sports Pep Rally that has annually been held at the high school.

“The Community Pep Rally was a hard decision because it is a great school and community business partnership that the community and our coaches, players, and students look forward to, but it was more important to avoid these extra opportunities for mass gathering to place focus on opening school and activities on time and healthy as possible,” Pickman said. “We are looking to reschedule possibly during the buffer week at the conclusion of the fall season. No other events have been cancelled at this time.”

Haight, Scholtz named to All-American team



Their high school soccer careers may be behind them now, but Ryan Haight and Mackenzie Scholtz got one final honor before they officially become college students.

Late last month, both Haight and Scholtz were named to the United Soccer Coaches Scholar All-American teams for their performance on the field and in the classroom. A total of 121 players received High School Scholar All-America recognition, including 52 boys and 69 girls athletes across the country.

“It’s absolutely incredible to have two student athletes recognized for this tremendous honor,” Louisburg coach Kyle Conley said. “This is a credit to these two young adults’ work ethic in the classroom and on the field. Both have excelled on the field for their respective teams and also got it done on the field.”

Haight, who finished high school with a 4.0 GPA, was a key contributor on the Wildcat boys team that won 16 games and a Frontier League title last season.

He was second team All-Frontier League in 2017 and 2019 and was first team All-Frontier League in 2018. Haight was second team 4A-1A all-state in 2018 and first team 4A-1A all-state in 2019 and was named the Class 4A-1A Defensive Player of the Year.

In all, Haight had 43 starts in 46 appearances on defense. He also totaled nine goals and four assists in his career as well.

As for Scholtz, she holds nearly every offensive record for the Wildcats. She has the school record for goals in a season

(39), goals in a career (98), assists in a season (18) and in a career (39), points in a season (84) and in a career (235), game winning goals in a season (10), hat tricks in a season (9) and in a career (18).

Scholtz was also a 3-time first team All-Frontier League selection, 3-time 4A-1A first team all-state honoree and 2019 4A-1A Co-Offensive Player of the Year. She also did work in the classroom as she finished up high school with a 3.76 GPA.

To be eligible for All-America consideration, players first must be selected by their respective state through a recognized coaches' selection program. Each state is awarded a specific number of slots on the All-America team based on the number of high school coaches that are current United Soccer Coaches members.

Garrett Rolofson selected as 2020 Louisburg Sports Zone Male Athlete of the Year



Garrett Rolofson never considered himself as one of the top athletes at Louisburg High School.

Rolofson grew up playing the game of basketball, but never really had any interest outside of that. Then in his junior

year, soccer and golf started to appear on his radar – and in two year's time – became on the best players in the school at both.

During the 2019-20 school year, all Rolofson did was earn first team all-league and second team all-state honors in goal for the Wildcat soccer team. Then was a full-time starter on the Louisburg basketball team and was considered one of the top three golfers on a team that was poised to make another trip to the state tournament.

It has been a wild couple of years for Rolofson, but it ended with him being named as the 2020 Louisburg Sports Zone Male Athlete of the Year.

“Receiving the award for the male athlete of the year was a complete surprise to me,” Rolofson said. “I did not expect to be nominated for the award, let alone receive it, and I am honored. This award means a lot to me because it goes to show that all the time and effort you put into working towards your goals in the offseason really does pay off.”

The award, which is in its third year, is to recognize an outstanding LHS student athlete. Louisburg Sports Zone asked the head coaches at LHS to submit nominations and those nominations were then organized and submitted back to the coaches for a vote.

The coaches then submitted their top two choices and the number of votes were added up, which decided the winner.

Along with his all-league and all-state honors in soccer, Rolofson also holds the school record for most victories in a season with 16, second in shutouts with eight and third in saves with 82 in a season. He was a big reason the Wildcats were able to win a school record 16 games in 2019 and earn a league and regional title.

“Garrett was a fantastic goalkeeper and leader for us,”

Louisburg soccer coach Kyle Conley said. "He went from not playing for a really long time to Miami County Republic goalkeeper of the year, first team All Frontier League and second team 4A-1A All State in his first year as a starter in our program. He was a tremendous leader and had a work ethic second to none. He, as well as, the other members of our defense helped lead the team to the 2019 Frontier League title and another regional championship. I could not be happier for Garrett as he is very deserving of this award."



It was Conley who helped convince Rolofson to go out for soccer, in an albeit, very untraditional way.

"I remember I was lifting weights the summer before my junior year when I heard Coach Conley call my name and he threw a basketball at me," Rolofson said. "I caught it and he told me to try out for the soccer team as a goalie. At first I thought

he was crazy until I saw the comradery and family the soccer team had built and I got sucked in immediately. My favorite thing about the soccer team was that it wasn't just a team it was a family. Every person on the team was a part of one big family and that was something special.

"From the coaches all the way to the new freshman, they were all welcomed in with open arms. Coach (Michael) Pickman coached me and taught me everything I know about the game from a goalie standpoint. Coach Conley taught me everything I know about the game and taught us very valuable life lessons that will follow me forever."

Rolofson also worked his way up the basketball ranks to where he was a full-time starter as a senior and brought a lot of tenacity for the Wildcats as they weaved their way through a difficult Frontier League schedule.

"Rolo has made so many strides athletically throughout his high school career," Louisburg boys basketball coach Ty Pfannenstiel said. "He's an incredibly hard worker and turned himself into an explosive, tough athlete. He was our toughest kid on the basketball court this year. He is a high character kid. We are really going to miss his leadership and I have no doubt he is going to be successful in the future."

Basketball brought an experience that Rolofson won't soon forget.

"Stepping onto the court on a Tuesday or Friday night with a buzzing student section behind you just gave me the chills every time," Rolofson said. "The fans, support from the community, teammates and coaches made basketball special. Basketball is the longest season of the year and that provides countless hours with teammates building bonds and friendships that will last forever along with memories to go with it. I think that's what I enjoyed the most was the friends and atmosphere the Louisburg community brought to the gym on game

nights.”



Like soccer, golf almost never happened for Rolofson either. As it turned out, he was one of the big reasons the Wildcats qualified for state as a team a year ago.

The spread of COVID-19 didn't allow Rolofson an opportunity to see how his senior year would have turned out on the golf course, but the game helped change him in a short amount of time.

“Golf was something special, although we didn't get a senior season like we had planned,” Rolofson said. “I am still

thankful for the year I did get to play as a junior. The spring of my sophomore year I had never once set foot onto a golf course and was something I could never have seen myself doing until Calvin Dillon convinced me to give it a try. From then on I fell in love with the game, but not only that, it was if every time my classmates went golfing I got invited as well even though I had barely played.

“The countless hours of fun competitions out on the golf courses all throughout the years were the best part about golfing. No matter where we played, how I performed, or how the team performed I always had a great time playing golf and that’s what made the sport so special to me.”

The overall aspect of playing three sports not only gave him confidence in the athletic arena, but it also provided him life lessons and a way to escape the everyday stresses in life.

“Staying active throughout all of my high school career was very beneficial to me not only as an athlete but as a person,” Rolofson said. “Sports have always been a big part of my life and allowed for me to get away from the stress and anxiety of the real world and enjoy the sports I love. I gained a passion for sports throughout high school and new passions for sports I never would’ve thought to try. Most importantly though, I learned the quality of leadership, teamwork and giving effort into everything you do not only in sports but in the classroom and in the real world.”

Sports taught Rolofson a lot of about work ethic, but it was his father’s experience that left a lasting impact on him.

Bob Rolofson suffered a brain aneurysm several years ago, and Garrett watched as his father – slowly, but surely – worked his way back through many obstacles that stood in his way. He saw his father’s strength and dedication and it is something that was contagious to Garrett and gave him motivation.

“Most importantly I want to say thank you to my parents for showing me what it really means to never give up and I think without them I never would have been able to achieve any of the goals I have achieved this year,” Garrett said. “Through my dad’s brain aneurysm journey I was shown that if my dad can recover from such a traumatic brain injury, and work as hard as he did to be where he is today, that I can work just as hard. He showed me that I can do anything if I put my mind to it and I really took it to heart. I also want to thank my mom for always reminding me of that and pushing me to do my best in everything I do, not just sports.”

2020 Athlete of the Year Nominees



For the past four years, Louisburg Sports Zone has given out Athlete of the Week awards during each of the three sports seasons. I do it to recognize special athletic achievements and to highlight the athletes.

For the third straight year, Louisburg Sports Zone will be handing out an Athlete of the Year honor to a male and female athlete at Louisburg High School. I wanted the opportunity to recognize those who exemplify what it means to be an “athlete.”

Obviously, 2020 has not been the typical year when the spring was cancelled due to COVID-19. However, I still want to make sure those athletes that were set to make an impact in the spring were recognized as well.

Although I am giving out the award, I wanted the process to be subjective, so I asked the head coaches at LHS to help me out. I asked each coach to send me nominations of who they thought exemplified the Athlete of the Year honor. They voted for their top male and female athletes and then I tabulated the results. I will release the results in the coming days.

Below are the nominees for this year's award in alphabetical order by last name. Congrats to all those who were nominated and best of luck!

Female Athlete of the Year Nominees



Haley Cain – Senior – Volleyball, Basketball, Soccer

Haley was a three-sport athlete during her time at Louisburg High School and recorded the rare feat of earning 12 varsity letters.

In the fall, she helped the Louisburg volleyball team to its third consecutive state tournament and was selected to represent Kansas in the Greater Kansas City All-Star Match. She was also named to the All-Frontier League second team as a middle hitter.

Cain was also a two-time team captain for the Louisburg girls basketball team and was a key player for the Lady Cats this past season. She was also set to be a big contributor for the Wildcat soccer team in the spring as well.



Trinity Moore – Senior – Cross Country, Soccer

Trinity made cross country history for the Wildcats this past season as she medaled third at state and broke her own school record in the process. The Louisburg senior also medaled at state all four years.

Moore was also a returning starter for the Wildcat soccer team and was a key factor in helping the Wildcats to three consecutive state final fours and two state runner-up finishes.

She started 43 games for the Wildcats and concluded her career with 18 goals and eight assists. She is fifth in school history with 44 points.



Erin Lemke – Senior – Volleyball, Soccer

Erin was another multi-sport athlete for Louisburg as she was a member of the volleyball and soccer teams. Lemke was an outside hitter for the Lady Cat volleyball team and was selected to represent Kansas in the Greater Kansas City All-Star Match.

On the soccer team, Lemke was a two-time team captain for the Wildcats and was a returning all-league and all-state player. She was also one of the team's top goal scorers.

Lemke had a very productive career for the Wildcats as she started 48 of her 59 games and earned all-league and all-state honors as a sophomore and a junior.

She finished her career with 29 goals and 27 assists and Lemke

has the second-best assist mark for a season in program history with 17 and is third in career assists. She also added seven game-winning goals.



Reilly Ratliff-Becher – Senior – Volleyball,

Powerlifting, Softball

Reilly was a multi-sport athlete for Louisburg High School as she competed in volleyball, power-lifting and softball. She was an honorable mention all-league selection in volleyball as she served as the Lady Cat libero.

Ratliff-Becher was a big part of the Lady Cats' state tournament runs the last three years. She was also selected to participate in the Greater Kansas City All-Star game last November.

As a powerlifter, Reilly recorded her second-straight state championship and took first in each of the three individual events.

Ratliff-Becher was also a returning starter on the Lady Cat softball team after she helped Louisburg to a state tournament appearance a year ago as a catcher and outfielder.

Male Athlete of the Year Nominees



Garrett Rolofson – Senior – Soccer, Basketball, Golf

Garrett is a three-sport athlete for Louisburg as he was a member of the soccer, basketball and golf teams. In soccer, Rolofson served as the Wildcats' goalkeeper and helped Louisburg to a regional title and a school record 16 wins.

Rolofson was named to the All-Frontier League first team and to the all-state second team. He posted eight shutouts on the season and allowed only 17 goals, four of which came from penalty shots. He also finished with 78 saves on the season and allowed the second fewest goals in Class 4-1A.

In basketball, Rolofson was a starter on the Wildcat basketball team and this spring he was all set to help the Wildcat golf team to their second consecutive state tournament

appearance. He was the team's No. 3 golfer a year ago.



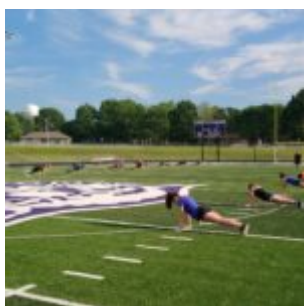
Madden Rutherford – Senior – Football, Baseball

Madden was a multi-sport athlete for Louisburg as he was a key member of the Wildcat football and baseball teams.

Rutherford, who was a team captain on the football team, was selected as a first team All-Frontier League quarterback. Rutherford finished the year with 671 yards passing with eight touchdowns and he also added 245 yards on the ground and four more scores.

On the baseball team, Rutherford was also a returning all-league player and was slated to be the Wildcats' No. 1 starter this spring.

Wildcat athletes report back for summer conditioning



Almost 80 high school girls attended the first day of summer conditioning on Monday at Louisburg High School.

For the first time in almost three months, Louisburg High School and Louisburg Middle School athletes found themselves back on the field starting Monday at Wildcat Stadium.

It didn't include any balls, equipment, weights and wasn't indoors, but more than 300 athletes participated in the mandatory conditioning drills that were set by the Kansas State High School Activities Association.

"The turnout was exceptional, and considering the limit on group sizes, distance restrictions, and getting creative in using multiple spaces to accommodate the large numbers in appropriately sized groups allowed in phase three, these coordinators did a great job setting a standard," Louisburg activities director Michael Pickman said.

This was all following the cancellation of the spring season to the spread of COVID-19 and KSHSAA allowed school districts to begin conditioning exercises on June 1. The Louisburg school district started this past Monday and each athlete must participate in 10 sessions before being able to attend in any team activities or camps.

Several coaches were in attendance running athletes through drills in three separate stations that would allow some space between everyone. Football coaches Robert Ebenstein, Ty Pfannenstiel, Joel McGhee and Drew Harding were on hand to lead drills, along with other staff from within the USD 416 school district.

“There are many coaches who are volunteering and just want to be there to support their athletes,” Pickman said. “It’s what makes the LHS coaching staff stand out from others. However, I have encouraged coaches not directly coordinating weights to stay home as much as they can with numbers restrictions, but so far we haven’t had that be an issue.”

High school boys begin each morning at 6 a.m., for the hour-long workout and high school girls follow and then it all finishes up with middle school. To start there were 121 high school boys in attendance, 79 girls and 126 middle school students.



More than 120 Louisburg High School boys attended the first day of summer conditioning at Wildcat Stadium.

To start the day, each athlete is screened before the start of

conditioning with a temperature check and then they are divided into three groups. Each of them will participate in three stations that focuses on different workouts. There are no more than 45 athletes in a group and the coaches design workouts to promote the six feet of distance.

“There were temperatures that needed to be taken and protocol for sanitizing hands and checking in that went efficiently and smoothly overall,” Pickman said. “A lot of planning went into this with the coaches to make sure it went well. And Mr. Holloway (LHS principal) volunteered his time to help take temps at the various sessions.”

As far as cross country goes, interested runners instead attend running sessions held by coach John Reece that will take place throughout the summer and they do not have to attend conditioning.

Whenever the athletes have completed their 10 sessions, they are allowed to participate in team activities the rest of the summer. As of right now, everything is on track to allow athletes to begin attending camps after June 29.

“Everything is progressing so far to according to schedule,” Pickman said. “Assuming the governor’s phase out stage begins when it is supposed to, we will be ready to begin using the weight room, gyms, and sports equipment. Coaches will be able to have practices and then middle school and high school age camps after June 29. The younger kids who do not have to have the 10 days of acclimatization are able to run the week of June 22. With the schedule the way it is, kids should have no problem getting their 10 days of acclimatization needed to participate in camps.”

Dennis leaves lasting legacy in Louisburg, LHS athletics



Damon Dennis, and his wife Karla, pose for quick picture during a timeout at a Louisburg High School basketball game Dennis was announcing. Dennis, who is better known as Doc D, is handing over his business at Louisburg Chiropractic Office to Dr. Jacob Polzin and is stepping away as the LHS team doctor after 28 years of service. His last day at the office is tomorrow (Saturday).

Almost every day of the week, if you were looking for Damon Dennis, he could be found at his office on 11 S. Broadway St., helping treat those pesky aches and pains, taking X-rays, or mending those beaten up athletes after a game.

Doc D – as he is affectionately known – opened Louisburg Chiropractic Office 28 years ago and has served as the Louisburg High School athletic team doctor for almost that same amount of time.

Dennis has seen it all. The walls in his office are lined with mementos from his years of service to both the community and the high school.

He has taped thousands of ankles, seen even more patients and has touched many lives during his time in Louisburg. That is why this week is one of the more emotional times in his life.

On Saturday, he will officially leave Louisburg Chiropractic Office and hand the reins over to Dr. Jake Polzin. Add to

that, Dennis is also stepping away as LHS' team doctor and will leave an absence on the sidelines and behind the mic that many in Louisburg have come to know.

"My decision to step down and sell the practice has turned out to be the hardest thing I have ever done," Dennis said. "I have poured everything I have into my job and community. It has become my entire existence. I was taught from a young age to serve others and your community. I feel like the pressures I have put on myself have become unhealthy. I have put about 40 years work in to 28 and feel like there is never going to be a good time to make such a huge life change.

"That being said, I feel like I need to make changes while I am still able to do the things that will be best for my family. Dr. Polzin came along and I think he will carry on the work at the office wonderfully. We are a lot alike in many ways. I could not have found anyone better to replace me."

For many, Dennis has been a big part of people's lives, especially in the athletic arena. He has served as the LHS team doctor since 1992 and has treated many athletes in those 28 years.



Dennis (left) and Dr. Jake Polzin pose for a picture in their office. Polzin will officially take over the practice from Dennis after this week, but both have been seeing the patients the last three months.

During the school year, Dennis would leave his place of business every day after 3 to go to the high school to tape up athletes from all different sports and made sure they were all ready to go for practice. After that was over, he would rush back to his office to finish the day treating his patients.

It would be hectic life for some, but it is one that he has treasured for the last nearly three decades.

“My time in practice has been a blessing,” Dennis said. “I truly care about all of the patients and people in the community that I have been involved with. I have tried to be a positive impact on the town through my involvement in different organizations. As with any business, there are bumps in the road. I genuinely appreciate everyone who has had a positive impact on me through these years.

“I have poured my heart and soul in to every aspect of my business and involvement in the community, sometimes at the sacrifice of my wife, Karla. I am eternally grateful for her patience and love. Part of the reason why I am handing over the reigns is that I have a lot of making up for time to do.”



Damon Dennis (middle) walks out of the locker room with the Wildcat football coaches prior to a game.

Dennis and his family have made a lot of sacrifices during his

time and many of the Wildcat coaches – both former and present – appreciate what he has done for them and their players.

“As far as what he has meant to the community, it is immeasurable,” longtime former coach Gary Griffin said. “He came in the first year and made himself available to all the coaches and was there for whatever the kids needed from the medical stuff, to a new pair of shoes, or money to go to a team dinner. He was even there to lend an ear to a kid that was having issues from girlfriends, teacher issues or problems at home.

“For me personally, he was a cheerleader when times were not good, he was an advocate for kids when I didn’t always know what was going on behind the scenes. I trusted Doc like he was a member of the coaching staff. I told him a lot of things in confidence so I could get his advice knowing it would not go any further. As far as the community goes, he is a pillar and he is involved in everything and is held in high regards by most. It is really hard for Doc to tell anyone no, so most of his days are longer than just his office hours. Doc is going to be missed in so many ways. He is a very humble man and he is very deserving of slowing down and enjoying the fruits of his labor.”

A Small Beginning

Back in June of 1992 is when Dennis began to plant his roots in the town he would begin to call home.

Dennis purchased the small satellite office from Dr. Larry Fulk, who at the time also had a practice in Paola. Dennis was less than a year out of school and was eager to get involved in the Louisburg community.

Two months later, Dennis reached out to then Louisburg High School administrator Doug Chisam and asked if he could serve as the team’s doctor – free of charge. Since August of 1992,

Louisburg High School would not be the same.

Dennis made trips over to the high school for treatment and would also follow many of the team's to their games after work was over. It was a life that would go on to create many memories.

"Jim Knox, Don Meek and Doug Chisam were all very supportive and I am forever in their debt," Dennis said. "I started out just going to all games, home and away, and every sport that I could. At that time I was in the office from 6 am to 7 pm and then off to games 3-4 nights a week. The things I have always enjoyed about being the team doctor was the kids and the coaches. High school athletes have not changed since day one. They want someone who cares about and shows interest in what they are doing. I am still close with a lot of the students who have come through the high school and will continue to be.

"My role evolved over the years. I began doing all the taping before practice and games, Impact testing, announcing basketball and other roles as the coaches requested. I enjoy helping others and that is how my role evolved in to so many other areas. Over the years, the coaches have included me and I will always be grateful to them for allowing me to be a part of the experience."



Damon and his wife Karla pose for a picture in front of his office back in the early 90s.

His role got even bigger when the new high school was built and Dennis was asked if he would like to announce basketball games. He certainly didn't mind having a mic in his hand and loved playing off the crowd and making sure the athletes felt a little extra special.

"We had a girls' tournament and Dave Tappan asked me if I would announce the game," Dennis said. "He thought it would be a nice touch to have an announcer. I am not sure he ever asked me to continue, I just did it. I had to be at games anyway and I like to talk, so it worked out. Dave never said to quit, so I just kept doing it.

"I really did enjoy that. I would try to throw in a little funny once and awhile just to see if people were listening. Dottie Cook had a birthday every game night for several years. Knowing the kids so well, it was fun to add their middle name or nickname at the game."

Tappan, who is currently the USD 416 assistant superintendent, worked as the LHS activities director and principal during many of Dennis' years in Louisburg and the two became quick

friends.

With that, Tappan is well aware of Dennis' work ethic and commitment to Louisburg athletics. In fact, he has seen it firsthand.



Doc D lets out a cheer on the sidelines following a big play during the Wildcats' 2010 state championship game.

"Most people know that Doc doesn't take vacations very often," Tappan said. "In fact, it usually takes a team of us to get him out of the office for more than a day. But in 2010, he and Karla scheduled a trip over Thanksgiving break to Chicago. Well, that was also the year of our run to the state football championship and there was no way he was going to miss it. In typical Doc D fashion, he lined things up to perfection. He takes a 5 a.m. flight from Chicago to Kansas City, has Karla drive him to the Legends off of I-70 and at about 6:30 I'm

picking him up and we beat the team to Salina. When the bus finally rolls in, he looks at Coach (Gary) Griffin with a grin and says, 'What took you so long?' About four hours later we were celebrating a championship.

"The commitment that Doc D has demonstrated over the years to the students of Louisburg schools is second to none. From the football sidelines on a Friday night in the fall, to being behind the mic in the LHS gym during basketball season, Doc always supported the students, the coaches and the administration of USD 416. I am proud to call Damon Dennis my friend."

Beyond The Call of Duty

Running a business can be difficult enough, but when you have other responsibilities on top of all that, it can be stressful at times.

The coaches at Louisburg High School never got that when working with Doc D. Veteran and young coaches alike were amazed at the dedication he displayed.

"Doc D is one of the most honest and honorable men I have ever met," Louisburg soccer coach Kyle Conley said. "He has donated countless hours and years for helping Louisburg student athletes. He always went out of his way to help anyone and everyone. He wasn't always just helping players. He would always check in on the coaches as well – checking on their well-being, their teams, and their families.

"Doc always went out of his way to make someone feel important and special. He was NEVER too busy for anyone. He will be greatly missed and he is irreplaceable. Thank you Doc D for everything that you have done for my teams, my family and for myself. You are someone I am lucky enough to call a friend."

That dedication would not only be found after school in the evenings, but even before the sun came up as well.



Doc D checks out Louisburg's Hallie Hutsell following an injury during last soccer season.

"Doc D will be greatly missed," Louisburg volleyball coach Jessica Compliment said. "He unselfishly devoted many hours to our athletes and was always a phone call or a text away. I can't count how many times he would meet myself and an athlete or two at the school at 5:30 a.m. prior to departure for a volleyball tournament. Not only was he a great role model and mentor for the athletes, but he served as a great mentor to a young coach for the past 14 years. He will be greatly missed by many."

However, where Dennis is most recognized was on the football sidelines. He did anything from tending to injured athletes, mentoring future trainers and handing out free food or candy to the student section before certain games.

It wasn't gone unnoticed as many around the school and

community know what Doc D has meant to the district.

"If Louisburg had a Mt. Rushmore, Damon would definitely be up there," Louisburg graduate and longtime coach Jeff Lohse said. "Doc is one of the most selfless people that I know. He was always more than willing to help anyone out and never expected anything in return. I consider Doc to be a great friend of mine and this is definitely bittersweet. I wish him and Karla nothing but the best as they open up this new chapter in their lives. Damon will be missed but his legacy in Louisburg will live on forever."

Dennis always made sure to welcome the new coaches to the district and made them feel a part of the family and that was the case with boys basketball coach Ty Pfannenstiel when he came to the school three years ago.



Doc D was presented with a team signed helmet following the team's award banquet two years ago.

"Doc D is the most selfless man I know," Pfannenstiel said. "What Doc gave to this school and community is unprecedented. He cared so much for all of our athletes, there's no way we are going to be able to replace what he brought to this school. I feel bad for whoever is going to come in and try to fill his shoes – he set the bar way too high."

Dennis has been on the sideline for many of Louisburg's greatest athletic achievements, including three state football appearances and has watched many athletes along the way achieve great individual accomplishments.

He knows that he has been blessed to be able to be a part of Wildcat athletics in one form or another the last 28 years.

“As for favorite memories, it is not always about the wins and losses,” Dennis said. “The things I have most enjoyed is the time spent with athletes and coaches. The things that go on in the locker room, before and after games were the fun part. I have had a behind the scenes view of some pretty amazing people.

“Obviously the 2010 state football championship is at the top of the list. We had gone to the championship twice and come home in second on two occasions. It was a great group to be around and a great experience. If I had to choose a group of kids that really stand out the most, it would be the seniors my first year here (class of 1993). They welcomed me with open arms and made me feel like I was appreciated. I still speak to members of that class often and consider them friends. It was a really special group. I also loved seeing kids accomplish their dreams of success. Louisburg has had its share of champions and athletes that have gone on to do some amazing things.”



Doc D was also good with equipment as he works on Madden Rutherford's helmet prior to a game.

In his last week at the office, Doc D has seen a lot of visitors that have come to thank him for everything he has done. Although Dennis won't be around as much as he used to, he wants people to know that this isn't a farewell – but more of a see you later.

"I want everyone to know how much I appreciate their kind words," Dennis said. "There has been talk of various activities surrounding my career change that have been proposed. While I genuinely appreciate this, I don't think I can handle the attention. My emotions have gotten the better of me and I am not sure that I can handle any celebrations publicly, unless everyone wants to see me cry.

"I am not going away. I just won't be at 11 South Broadway or at the high school every day. Thank you to everyone that has

supported me as I have made every effort to support my community."

No, Doc – thank you...