

# Hinkle ready to take on role as LHS activities director



Walking into Scott Hinkle's office, it doesn't appear he started a new job two weeks ago.

The moving boxes are mostly gone. His desk is organized with everything in its place, along with a calendar crammed full of upcoming events.

Hinkle is not shy to tell people about his love for the Boston Red Sox. Sitting on one wall are two older chairs from Fenway Park, along other memorabilia.

The one thing that Hinkle hasn't caught up on is his efforts to get some purple gear. An avid Kansas Jayhawk fan, he hasn't had need to purchase any purple flair in the past. Seems like that will change shortly as he was hired as the new activities director and assistant principal at Louisburg High School earlier this summer.

"I have been a Jayhawk fan all my life," Hinkle said. "It will be a little weird to wear purple that is for sure, but I am sure I will get used to it. Before I left my old job, people found out where I was going so they started giving me little gifts with purple on it, like markers and stuff like that. They definitely got a kick out of that."

Hinkle takes over for Jeremy Holloway, who was promoted to principal at LHS and becomes the third activities director in as many years to take over that spot.

"My wife has family in Kansas City and I have family in Wichita and so we were looking to come this way," Hinkle said. "I had a couple friends that told me that the Louisburg position had opened up. I had heard of Louisburg a long time ago. I actually coached at Ottawa University in the early 90s and was familiar with the area. I came up, interviewed and here I am. It has obviously worked out well.

"Everyone has been so helpful and friendly and it is a good time to be coming to Louisburg. I am excited to be here."

Before taking the job in Louisburg, Hinkle had spent the last 22 years in the Liberal school district in a variety of roles. He served as the boys high school basketball coach, along with nine years as an activities director, a year as the head girls basketball coach at the local community college and last year he served as assistant principal at the high school.

Hinkle graduated from Valley Center High School, and went on from there to earn his bachelor's degree from Friends University, where he played basketball, and his master's from the University of Kansas.

Basketball has always been a passion for Hinkle, but during his time as activities director at Liberal, he had a chance to learn the life of other sports as well.

"Liberal changed a lot from when I first got there in the mid 90s when they were a football and track powerhouse," Hinkle said. "There were just athletes galore, but the culture kind of changed. We were really good in soccer and decent in track and volleyball. We still had good kids and good athletes, but it was a big transition as far as sports go when I first got there. My kids grew up there and being involved and being able to watch their events was something that has always appealed to me.

"Basketball has always been in my blood. Other than my nine years as athletic director, I have coached in some capacity

and I am a big basketball fan. Obviously, being an athletic director I am just a big sports fan in general."

Still new in town, Hinkle is still trying to get to know his coaching staff, but he is excited about the situation he is walking into with the Wildcats finishing as state runner-ups in volleyball and girls soccer last season. Several cross country, golf, wrestling and track athletes also earned state medals.

However, if there is one thing he wanted to relay to everyone is that he wants to give his coaches the freedom to run their programs.

"I want to let the coaches, coach," he said. "I am not going to be the guy that says this is how we did things in Liberal and I am not that type of leader. If it comes to the point where they need some advice, I want to be a resource for them. I don't want to be someone that is looking for something.

"I have met a few of the coaches. I have let them know that I am here if they need anything. I have stopped by the weight room to speak to a few coaches and some have stopped by to introduce themselves. I am still learning names and faces. We have a coaches meeting on the 10<sup>th</sup> and I will see and learn a lot more about them then."

With all the success the Wildcats had last season in the sports arena, Hinkle is happy to be a part of the LHS family and is learning new things about the town every day.

"I have heard all types of things," he said. "I have heard they take football pretty seriously here. I know they were state runner-up in volleyball and girls soccer last year and that is an exciting thing to walk into. I think expectations are obviously high in those sports, but I think everyone always has high expectations. I am not going to do anything different than normal and I am just going to sit back and

observe for a while and take it all in."

Hinkle will experience some different things along with his new position. This season, the Frontier League will welcome three new teams – Bonner Springs, Piper and Tonganoxie – and will say goodbye to De Soto.

Another big change will be the postseason formats with several sports as the Kansas State High School Activities Association reshuffled their classification system, eliminating Class 4A-Division II.

"With the changes in the league, the classification system and being a new AD, it is probably a good time to be coming on," Hinkle said. "The learning curve is going to be the same for all of us.

"I walked into a good situation for scheduling because (Holloway) already had everything all taken care of," he said. "I think the dynamics of the league are going to change. Liberal's former girls basketball coach is the coach at Piper and I know a little bit about them. As far as the programs and rivalries, that is something that is going to come with time."

Even with all the changes in his life – moving, starting a new job, getting to know new faces – Hinkle is ready for what lies ahead and the staff at Louisburg has helped with that transition.

"It has been a whirlwind and it has been information overload," he said. "It is a lot of the same things I did in Liberal as athletic director, I just haven't done it for the last five years. Being an assistant principal at Liberal last year, I think, helped me prepare for the principal side.

"People have just gone out of their way to be helpful. From the administration to the custodial staff to the secretaries, everyone has been super helpful. When I was out around town, people have welcomed me and it has been a friendly feel

everywhere I have been."

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# **Holtzen accomplishes rare feat earning 12 varsity letters**



**Isabelle Holtzen became the first female athlete in Louisburg High School history to earn 12 varsity athletic letters after finishing out her senior season. Holtzen earned letters in cross country, basketball and track and field in each of her four years of high school.**

Once Isabelle Holtzen received her diploma and walked out of Louisburg High School for the last time as a student, she officially became one of the most decorated female athletes in school history.

No, she doesn't have any individual state championships, or even one as part of a team. Holtzen's decorations aren't ones in the form of trophies or all-state honors, but instead, they can be found on the front of her letter jacket.

Holtzen became the first female athlete in at least 20 years to earn 12 varsity letters, which means she lettered on the

varsity level in three sports in each of her four years of high school.

In research done by Louisburg Sports Zone, it was unable to find the last athlete to accomplish the feat, which could mean Holtzen could be the first Lady Cat to do so.

The last athlete to come close was in 2001 when Krystal Bowes earned 10 varsity letters before moving on to a collegiate track career at Wichita State.

"The biggest thing that it means to me is to just have an opportunity to participate in three sports at a school like Louisburg," Holtzen said. "The bigger the school that you go to, the harder it is to play multiple sports at the varsity level and I think Louisburg is unique in that fact. The best part of this whole journey was I think my freshman year because there was no pressure and no one was expecting anything from me. It was surprising and exciting to be able to letter in all three sports."

Thoughts of finding her way onto the varsity team her freshman year was one she couldn't even fathom four years ago. She wasn't experienced in cross country. She enjoyed basketball, but didn't even dream of playing with the school's best.

In track, Holtzen would qualify for state in the pole vault for all four years of high school and earned two state medals. It was that sport where she almost didn't get a letter her freshman year.

It is the same sport where she earned a Division I scholarship offer to pole vault at Northern Iowa University next season.

"I was not very good my freshman year," Holtzen said. "I wasn't that great in pole vault and I remember throughout the season that I would add up all my points to see if I was going to have to have enough to letter. I actually barely lettered my freshman year. I think you had to get 20 points and I ended

up getting 20.5 or something like that.

"In basketball, I was not expecting to letter at all and it didn't even cross my mind that it would. We had some really good seniors that year in Natalie Moore, Kirstin Lowry and Kallie O'Keefe and they were all playing at a high level. I just remember standing next to them and I was about 4-5 inches shorter than they were and I felt like a little freshman. I wasn't expecting to play any varsity at all. I thought freshman and maybe a little JV, so it was surprising when I got a few minutes on the varsity level."

However, it was in cross country where she first realized that she had more to give and it was thanks in part to a special conversation from a senior.

Holtzen found herself holding back in practice and not wanting to pass the team's upperclassmen. She was told that things needed to change.



"My freshman year I had some of the best seniors that I have ever gone through here," Holtzen said. "Mary Kate Roy always pushed me in cross country. One time at practice she pulled me aside and told me that if I want to be faster that you are going to have to push yourself and don't be afraid to go ahead of us.

"Her saying that really impacted me because I was all about running with my friends, but I realized that I needed to push myself for my teammates and have a chance to get team medals and individually get better too. As a scared little freshman, what she said really meant a lot."

Very quickly, Holtzen found her way to the varsity level in cross country and stayed there through her four years. This past season, Holtzen was on the Lady Cat squad that became the first team in school history to qualify for the Class 4A state meet.

"It is a big accomplishment to earn a varsity letter in any sport, but to do that all four years in three sports is amazing," Louisburg cross country coach John Reece said. "Most freshmen find themselves waiting their turn to see varsity time and understand their role. Isabelle was looked to by her coaches to step up and fill voids at the varsity level as a freshman and even be a top performer for the team in some cases.

"She was prepared in her athletic skills to do so and also went through the growing pains of mentally developing at the next level of competition. Because of her never quit attitude, she took coaching criticism, both positive and negative, and used it to get better. In cross country, she ran her way into the top seven and never looked back. She was always a top five runner for the team and was that kid that would run their guts out to support her teammates in front of her."

After seeing a little varsity time her freshman year in basketball, Holtzen eventually worked her way up the ranks to where she found herself as a starting guard and team captain her senior year.

"To accomplish something like this requires such significant commitment and determination," girls basketball coach Shawn Lowry said. "She's such an impressive student-athlete because of the leader she was for multiple teams at Louisburg High, her high level of success in the different programs and her outstanding academic performance."



Earning 12 varsity letters might be impressive enough to some, but it certainly wasn't enough for Holtzen as she also had a lot of success in the classroom.

Holtzen was No. 1 in her class with a 4.0 GPA and was a fixture on the Wildcat debate team. She went on to finish third in the state in the 2-speaker competition for two years and was also a member of the 4-speaker team to take third at state last season.

To find time to participate in three sports, debate and find a way to get her school work done, Holtzen had to become a master planner.

"The biggest thing you have to do, no matter what activity you are doing, is you have to prioritize your time," she said. "You have to choose what is the most important to you and what is going to help you most on the long run."

"For me, it was having good grades. Learning in school is going to transfer in my job later in life and the odds of me actually pole vaulting professionally are really, really slim, so you have prioritize getting your homework done and staying on task in class. A lot what I tried to do was to get as much stuff as I could in class and then after school I could I just go to my sport and finish up the homework later."

In a time where specialization in sports has become the norm, the multi-sport athletes are becoming harder and harder to come by.

At a smaller school like Louisburg, many believe it is important to have athletes out for multiple sports if it wants to compete at a high level and Holtzen enjoyed her time with the different activities. In fact, she believes it helped her in her sport of choice – track.

"On the athletic side, playing multiple sports keeps you from getting injured because you are working different muscles constantly and not overworking the same ones," she said. "Outside of that, I like doing different activities because it is fun and I get bored when I have to do the same thing over and over again. Being active helps keep it more fun and exciting. Each sport taught me something different.

"Cross country teaches you to push through how hard it is because it is a big mental game and the most successful runners may not be the fastest, but they are most mentally strong. In basketball, I think it teaches you a lot of hard work and commitment and you have to work with other people and not just yourself. With doing pole vault, it is just fun for me because you have to learn a lot of different things and it teaches you patience."



However, the drawback of being involved in so many things is that sometimes they will overlap, which has happened the last few winters with basketball and debate. Holtzen has had to miss games to attend state debate competitions.

"Basketball season is when it got the hardest for me because it was the same time as debate," Holtzen said. "Both of those are team activities and I don't get to set my own schedule. It was hard for me to balance the two and I definitely thought about quitting one or the other a few times, but I didn't because I enjoy them way too much."

"It is really hard when I have to tell my coach I am not going to be able to be at the game, because it is going to be hard for the team. Everyone on the team has a role, and whenever I am not there to fill my role, it is hard for them and hard for me. I don't want to miss any games because it is so much fun and you make memories from those."

Despite all the hustle and bustle of being a 3-sport athlete and achieving academic success, Holtzen would do it all over again if she could.

"It will mean more to me later," she said of the 12 letters. "My parents have always told me to do three sports and to be involved in as many things as you can. For me, I was going to do it no matter what. I know not everyone thinks that way or has the opportunity. When I look back at high school knowing that I got everything out of it that I could by being involved in three sports and other activities, I will definitely appreciate it more later on.

"It is awesome to see other people doing multiple sports because it is extremely fun and you get to meet and be involved with different people. You get to have a lot of memories with these girls and I think that is one of the best parts of high school."

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## **Holtzen earns Louisburg Sports Zone Female Athlete of the Year**



Isabelle Holtzen had a senior year to remember when it came to the athletic stage at Louisburg High School.

For starters, Holtzen was a member of the first cross country team in Louisburg history to qualify for the Class 4A state meet. She was also a starting guard and team captain for the Lady Cat girls basketball team.

Holtzen topped it all off this past spring when she medaled sixth in the pole vault at Class 4A state track championships in May.

Those were just one of the many reasons why she was chosen as the 2018 Louisburg Sports Zone Female Athlete of the Year.

The award, which is in its first year, is to recognize an outstanding Louisburg High School student athlete. Louisburg Sports Zone asked the head coaches at LHS to submit nominations and those nominations were then organized and submitted back to the coaches for a vote.

The coaches then submitted their top three choices and the number of votes were added up, which decided the winner.

Holtzen finished her high school career on a high note as she racked up 12 varsity letters during her time as a Wildcat and did all that while earning a 4.0 GPA, which was the top in her class.



**Pictured (from left) is Louisburg track coach Andy Wright, cross country and track coach John Reece, Isabelle Holtzen and Lady Cat basketball coach Shawn Lowry.**

"Her hard work attitude once again helped her to succeed in all events and rewarded her with a school record in the pole vault and state medals," Louisburg cross country and track coach John Reece said. "It would be cliche to say she is a hard worker as all of her teammates are hard workers and they really compete to do their best in any sport in Louisburg, but she has been a pleasure to coach."

She made her biggest impact in track and field as she had a record-breaking year in the pole vault this past season for the Lady Cats. She broke her own school record in the event with a vault of 11 feet, 6 inches early in the year and went on to earn her second state medal at the Class 4A state track meet with a clearance of 11-0 and took sixth overall.

Holtzen was also a league and regional runner-up in the pole vault, while also running on legs of the 4x100 and 4x400-meter

relay teams.

She also spent a lot of time on the Louisburg cross country and basketball teams, where she was a key part in both of their successes.

“From Isabelle’s first day of basketball at LHS she had a great work ethic, competed hard every day and never gave less,” Louisburg girls basketball coach Shawn Lowry said. “She embodies those things that are at the core of our program and leaves it so much better because of her involvement.”

Holtzen, who graduated in May, will continue her pole vault career at the University of Northern Iowa.

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## **2018 Male Athlete of the Year Nominees**



For the past two years, Louisburg Sports Zone has given out Athlete of the Week awards during each of the three sports seasons. I do it to recognize special athletic achievements and highlight them a little bit. So this year, I wanted to take it a step further.

This year Louisburg Sports Zone will be handing out an Athlete of the Year honor to a male and female athlete at Louisburg High School. I wanted the opportunity to recognize those who

exemplify what it means to be an “athlete.”

Although I am giving out the award, I wanted the process to be subjective, so I asked the head coaches at LHS to help me out. I asked each coach to send me nominations of who they thought exemplified the Athlete of the Year honor. They will then vote for their top 3 male and female and then I will tabulate the results and determine the winner. In the next couple of weeks, I will announce this year recipient.

Below are the male nominees for this year's award in alphabetical order by last name. Congrats to all those who were nominated and best of luck!

## **2018 LOUISBURG SPORTS ZONE**

### **MALE ATHLETE OF THE YEAR NOMINEES**



## **Blue Caplinger – Junior – Football, Wrestling, Track and Field**

Caplinger played a big role for the Wildcat football team as he shared quarterback duties to start the year and then moved over to the tight end spot, but his biggest impact came on defense where he earned honorable mention all-Frontier League honors. He finished the season with 32 tackles and two interceptions from his secondary spot.

On the wrestling mat, Caplinger was a state qualifier for the Wildcats at 160 pounds and finished his season with a 34-14 record. He won titles at two different tournaments and holds the team record with most career reversals with 71.

Caplinger also fared well on the track where he ran sprints and relays for Louisburg. Caplinger was a member of the 4x400-meter relay team that finished seventh in the state in Class

4A, and also ran on the 4x100-meter relay team that qualified for the Kansas Relays.



### **Cade Holtzen – Freshman – Cross Country, Wrestling, Track and Field**

Holtzen thrived on the wrestling mat this past season as he earned the Wildcats' lone state medal. He finished sixth overall at 113 pounds and became the second freshman in school history to place at state with a 45-6 record.

He also broke two team records in the process. Holtzen currently holds the mark for most wins in a season (45), most nearfall-2 (23). He also led the Wildcats in five other statistical categories.

Holtzen was a Frontier League and regional runner-up and won tournament titles at four different competitions.

He also ran on the Louisburg varsity cross country team and ran distance races for the Wildcat track team.



## **Austin Moore – junior – football, wrestling, track and field**

On the football team, Moore was named a team captain and had success on both sides of the ball. As a running back, he recorded 1,215 yards and 15 touchdowns. Defensively, he tallied more than 70 tackles from the linebacker spot.

Moore was named to the all-Frontier League first team on both sides of the ball and was an honorable mention all-state selection by the Topeka-Capital Journal and Wichita Eagle. He was also named an all-state, all-purpose player by K-Preps. Moore was also selected as the team's Offensive Player of the Year and recipient of the BAC Award.

On the wrestling mat, he was also a team captain and recorded a 43-7 record. Moore was a state qualifier at 195 pounds and was a regional runner-up. He won the team's Workhorse Award and set a program record with 38 pins. Moore also had the highest GPA on the team.

Moore threw the javelin for the Wildcat track and field team as recorded a season best throw of 151 feet in the regional meet and finished eighth.



### **John Wyatt Reece – Senior – Cross Country, Track and Field**

Reece became the first state cross country medalist in several years for Louisburg High School. He finished 11<sup>th</sup> overall at the Class 4A meet in Wamego to earn a medal and also earned

all-state honors for his effort.

He also finished runner-up in the Frontier League meet and currently holds the third fastest time in school history. He earned first-team all-league honors. Reece also competed at the CCCNC National Race where he medaled individually and was a part of the second place team.

In track, Reece qualified for state in the 1,600 and 3,200-meter runs and finished ninth at state in the 3,200. He was also a regional runner-up in both events.

Reece was a Kansas Relays qualifier and medalist in the 2,000-meter steeplechase and currently holds the school record.

Reece has signed with Southwest Minnesota State next season and will run for the Mustangs starting next fall.



## **Madden Rutherford – Sophomore – Football, Basketball, Baseball**

Rutherford took over the starting quarterback role as a sophomore for the Wildcat football team and became a dual-threat athlete at that position. He finished with 670 yards through the air and had eight touchdowns. On the ground, he racked up 318 yards and two more touchdowns. His performance helped him to a second-team honor on the all-Frontier League team.

On the baseball diamond, Rutherford was the Wildcats' top pitcher on the season and also did his job out on in the field as he earned second team all-Frontier League honors as an outfielder. Rutherford started six games this season and pitched 28 innings with a 5.12 earned run average and struck out 23 batters. At the plate, he finished the season with a .408 average, three doubles, a triple, a home run and had 10 RBIs. He also ended the year with only three errors in 19 games.

Rutherford also saw a lot of varsity time for the Wildcat basketball team as he played in 17 games.



## **Grant Ryals – Senior – Soccer, Golf**

Ryals led the Louisburg boys soccer team as he garnered first team all-league and all-state honors this past season. He served as team captain the past two seasons and scored seven goals and had 11 assists from the midfield spot.

His 11 assists put him fourth in the all-time Louisburg single season record and his 23 career assists place him second all-time.

Ryals will continue his soccer career at William Jewell College next season.

Ryals was also a member of the Louisburg varsity golf team and was a part of several runner-up team finishes with the Wildcats.

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# 2018 Female Athlete of the Year Nominees



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Below are the female nominees for this year's award in alphabetical order by last name. Congrats to all those who were nominated and best of luck!

**2018 LOUISBURG SPORTS ZONE**

**FEMALE ATHLETE OF THE YEAR NOMINEES**





## **Bailey Belcher, Senior, Basketball and Girls Soccer**

Belcher led the Wildcat girls soccer team to a state runner-up finish this past season as she was among the leading scorers on the team with 28 goals and 14 assists, which included five hat tricks. She is a three-time all-Frontier League and all-state first teamer, and has been a team captain for the last two seasons.

She holds the Louisburg record for most goals in a season with 33 and in a career with 91. She is will continue her soccer career at Missouri Southern next season.

Belcher was also a starter on the Lady Cats' basketball team and earned honorable mention all-league honors after averaging eight points, four rebounds and two steals a game.



## **Carson Buffington – Junior – Volleyball, Basketball and Girls Soccer**

Buffington helped the Louisburg volleyball team to a state runner-up performance in the Class 4A-Division I state tournament as the team's setter. She finished the season with more than 1,100 assists and had 30 aces. She also helped out defensively with 244 digs.

She earned second team all-Frontier League honors and was also placed on the Kansas Volleyball Association's (KVA) all-state second team. Buffington was also selected to the KVA all-state tournament team.

On the basketball court, Buffington earned second team all-Frontier League honors and led the league in rebounding for the third straight season. She averaged 11.6 rebounds a game

to go along with 9.2 points and 2.7 steals from the forward spot.

Buffington also served as the back-up goalie for the Wildcat soccer team and saw action in several varsity games.



### **Anna Dixon – Junior – Volleyball**

Dixon played a big role in the Lady Cats' state runner-up volleyball team this past season. As an all-around player, Dixon led Louisburg with 613 kills and 61 blocks on the season. She was also third on the team with 58 aces and 329 digs.

She earned first team all-Frontier League and all-state honors. Dixon was named as the Kansas Volleyball Association's Class 4A-D1 Co-Player of the Year and was selected to the KVA

all-state tournament team.

Dixon also earned Best of Kansas Preps selection by the Topeka Capital-Journal, which is a new award this season. She has committed to Kansas State University to play volleyball in the fall of 2019.



### **Carlee Gassman – Sophomore – Cross Country, Basketball, Track and Field**

Gassman had a record-breaking season for the Louisburg track team. She broke a 29-year old school record in the 300-meter hurdles in early April and then broke her own school record several more times this season, including at the Class 4A state meet where she ran a time of 45.68 to finish second in the state.

It was her first of two state medals on the season as she also finished fifth in the state in the long jump with a mark of just more than 17 feet. She also won a regional title in the 300-meter hurdles.

Gassman was also a consistent runner on the Wildcat cross country team that qualified for the state meet for the first time in school history. She served as the No. 2 runner for most of the season.

On the basketball court, Gassman saw a lot of varsity time for the Lady Cats as well as one of the team's point guards.



### **Isabelle Holtzen – Senior – Cross Country, Basketball, Track and Field**

Holtzen had a record-breaking season in the pole vault this past season for the Lady Cats' track and field team. She broke her own school in the event with a vault of 11 feet, 6 inches

and went on to finish sixth at the Class 4A state track meet with a clearance of 11-0.

She was also a league and regional runner-up, while also running on legs of the 4x100 and 4x400-meter relay teams.

On the cross country team, Holtzen was a consistent runner on a varsity team that qualified for state for the first time in school history.

On the basketball court, Holtzen served as a team captain and was a full-time starter for the Lady Cats at the guard spot.

At the end of the school year, Holtzen became the first Lady Cat in several decades to earn 12 varsity athletic letters and did so while earning a 4.0 GPA, which is first in her class.



## **Sophie McMullen – Senior – Volleyball**

McMullen was another key piece to the Lady Cats' success this past season on the volleyball court. She made the switch from setter to outside hitter and defensive player to help Louisburg to a state runner-up campaign.

She was first on the team with 114 aces to go along with 437 digs defensively. As an outside hitter, McMullen added 381 kills.

McMullen was selected to the all-Frontier League and all-state first team and was named to the Kansas Volleyball Association all-state tournament team. She was also selected to the Greater Kansas City Coaches Volleyball Association all-star team.

McMullen signed to play volleyball at Northwest Missouri State this coming fall.

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## **OPINION: 2017 was a banner year for Louisburg**



Having the opportunity to cover Louisburg High School athletics, for what has been almost 10 years now, I have seen a lot of different highs and lows.

I have been lucky enough to cover state championship teams and

watched several athletes perform at the highest level. However, this last year has to be one for the record books when it comes to success at Louisburg High School.

For Wildcat athletics, 2017 was a banner year for many reasons.

Louisburg qualified for the state tournament in three different sports – volleyball, girls soccer and boys basketball – and the first two each placed in the top four.

The volleyball team was just a point away from winning the school's first state title after the Lady Cats finished second to defending state champion Rose Hill, and tied for the best finish in school history.

The Wildcat girls soccer team qualified for the state semifinals in just its second year of existence and suffered a heartbreaking 1-0 loss in the semifinals to eventually take fourth overall.

In boys basketball, the Wildcats qualified for the state tournament for the first time in 12 years despite getting knocked out in the first round by defending state champion Bishop Miege.

Most schools would love to have that success with their athletic programs, but for Louisburg, that was just the tip of the iceberg. As special as the seasons were for those three programs, the Wildcats also thrived in a few other sports.

Louisburg's cross country program, which has been around for 19 years, had the best season in its history – by far. Not only did the Wildcats have three state medalists for the first time ever, but it had a year that featured the school's first female league champion in Trinity Moore and the best league finish by a male, Wyatt Reece, who took second.

Tim Smith continued the Wildcat success as he became the

school's first regional cross country champion, and Moore, Reece and Smith each went on to win a state medal. Moore and Smith also set school records for the fastest time.

The Wildcats also qualified the girls team for the first time in school history as Moore, Carlee Gassman, Reilly Alexander, Isabelle Holtzen, Kaitlyn Lewer, Payton Shaffer and Emily Williams took third at regionals and eventually 10th at state.

The Wildcat wrestling team tied a program best by qualifying eight for the state tournament and came back with a medal by Ryan Adams, who finished sixth.

Louisburg's track and field team persevered and qualified for state in 10 events and had two regional champions in Quinn Rigney and Chris Williams. Isabelle Holtzen and T.J. Dover each brought home their first state track medals.

The boys soccer team was one goal away from making its second consecutive trip to the state semifinals, but their run was halted by a loss to McPherson in state quarterfinals. Still, the Wildcats won a regional title, which was the seventh in team history.

Freshman Calvin Dillon led the Wildcat golf team this past year and recorded the program's first state medal in more than decade as he took 10th overall.

All these things and more I described in detail when releasing my top 10 stories of the year and what a year it was.

Obviously, I haven't had a chance to look through all the results, but I can't imagine a more successful year for LHS when you are talking about athletics. There may have been years in the 70s, 80s and 90s that I don't know about, but I find it hard to imagine one that tops 2017.

Sure, the 2010-11 school year featured two state championship teams in football and boys track and field and that was a

fantastic time to be Wildcat, but as far as calendar years go, 2017 was one to remember.

Even outside the sports world, Louisburg High School put together many great accomplishments as the Wildcat Marching Band was selected to participate in the Tournament of Roses Parade and put on a great show for the nation on New Year's Day.

Then in October, the FFA Food Science team of Hallie Hutsell, Faith Seuferling, Addie Katzer and Hattie Harris won a national championship, while Hutsell and Seuferling placed second and third in the nation, respectively.

I don't get a lot of opportunities to cover programs or groups outside the sports world, but these are fantastic accomplishments and deserved to be recognized.

For me, 2017 was a whirlwind. It seemed around every corner, school history was being made and there aren't many schools around the state that can boast about the successes Louisburg has experienced.

It was an honor for me to cover many of these historic runs in Wildcat history and I hope you all realize how lucky you have it. Louisburg is a school filled with great coaches who care about the student athletes.

Believe me, I know how fortunate I am to be able to be a part of something special and this place is it. If 2018 is half of what 2017 was, it will be a fun ride.

I can't wait for what 2018 has in store and hopefully you all will follow along to see what these Wildcats can accomplish.

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# Top 10 Stories of 2017



It was a successful, and eventful, 2017 for Louisburg High School athletics and for those who are connected to the Wildcat program. This past year created a lot of school history for LHS and several programs brought back state hardware to Louisburg.

Below are the Top 10 stories from 2017, along with a brief explanation of each. Included in the explanation is the link to the actual story from the event.

This year was a blast to cover and I was blessed to have the opportunity to go along for the ride with many of these. As much fun as it was, I can't wait for 2018 to begin. Looking forward to it!



**Louisburg's Calvin Dillon earns his first state golf medal as a freshman as he took 10th at the state meet.**

## **10. Dillon medals at state golf**

Louisburg freshman Calvin Dillon certainly didn't play like a first-year varsity player as he led the Wildcat golf team all season. Dillon finished 10<sup>th</sup> at the Class 4A state tournament in Wamego and became the first Wildcat golfer to earn a state medal in several years.

Dillon made the state tournament alongside senior Ty Martin, who finished in 28<sup>th</sup> place overall after he earned his second straight state appearance.



**Isabelle Holtzen earned her first state medal in the pole vault as she took seventh back in May.**

## **9. Holtzen, Dover earn first state track medals**



**T.J. Dover finished eighth**

**in the discus at the Class  
4A Kansas State Track and  
Field Championships in  
Wichita.**

Junior Isabelle Holtzen and senior T.J. Dover both ended their track and field seasons on a good note as they earned state medals in late May at the Class 4A state meet in Wichita.

Holtzen had a big season in the pole vault as she ended seventh in the state after she cleared 10 feet. Earlier in the year, Holtzen broke a 15-year old school record in the pole vault as she topped 11-1.

Dover made his second consecutive trip to the state meet and finished strong in his final high school performance. He took eighth with a throw of 143-4.

The Wildcats qualified for the state meet in 10 events and had two regional champions in junior Quinn Rigney (100-meter dash) and sophomore Chris Williams (400 dash).



## 8. Frontier League adds three schools, says goodbye to another

For the Frontier League, 2017 brought a lot of changes to a league that has featured seven schools for the last several years.

Starting in the 2018-19 season, the Frontier League will add three new schools. Piper, Tonganoxie and Bonner Springs each accepted invitations to join the league last April to create a 10-team league.

It is didn't stay 10 teams for long as De Soto will make the move to a different league during the same season. The current league will be made up of nine schools: Louisburg, Paola, Ottawa, Spring Hill, Baldwin, Eudora, Piper, Tonganoxie and Bonner Springs.



## **7. Louisburg boys soccer wins regional crown**

The Louisburg High School boys soccer team was trying to make its second consecutive trip to the state tournament this past season and the Wildcats almost got there.

Although the Wildcats fell to McPherson in the state quarterfinal game in late October, Louisburg put together another successful season that included a 1-0 victory over Independence in the regional championship game.

The Wildcats finished the season with a 13-6 record and earned the school's first Frontier League championship since 2010.



**Junior Ryan Adams celebrates after he earned a state medal at 138 pounds.**

## **6. Wildcat wrestling qualifies eight for state, Adams picks up medal**

The Louisburg High School wrestling team had an historic season as it qualified eight for the Class 4A state wrestling tournament, which tied for the most in school history, during the regional tournament in February at Frontenac High School

Thad Hendrix (106 pounds), Nathan Keegan (120), Kyle Allen (126), Ryan Adams (138), Dylan Meyer (145), Austin Moore (170), Austin Raetzel (195) and Mason Koechner (285) all competed at the state tournament in Salina.

Adams earned the school's lone state medal on the season as he finished sixth overall at 138 pounds.



**Louisburg head football and boys track and field coach Gary Griffin retired from the district after 32 years. It was one of many changes for the LHS athletic department.**

## **5. LHS goes through staff/coaching changes**

The 2017-18 school year looked a lot of different than in previous years for Louisburg High School athletics.

LHS saw a lot of changes in its coaching staff and in the administration as well. Activities director Darin Gagnebin stepped down and was replaced by current director Jeremy Holloway.

In the coaching department, former head and assistant football Gary Griffin retired from the district after 32 years with the high school and Louisburg promoted assistant Robert Ebenstein

as the new Wildcat head football coach.

Jason Nelson resigned his post as the Wildcat head boys basketball coach and he was replaced with Ty Pfannenstiel. Griffin and Greg Darrington also resigned as the boys and girls track and field coaches, and were replaced by Andy Wright (boys) and John Reece (girls).



**Louisburg cross country runners (from left) Tim Smith, Trinity Moore and Wyatt Reece each ended the season with a state medal.**

#### **4. LHS cross country earns three state medals, qualifies girls team**

The Louisburg High School cross country team might have had

its best season in its 19-year history in 2017.

The Wildcats thrived against some of the state's best competition as seniors Wyatt Reece, Tim Smith and sophomore Trinity Moore all earned state medals at the Class 4A meet in Wamego.

Moore recorded the highest finish for a female runner in school history as she finished fifth in the state and broke her own school record in the process with a time of 19 minutes and 47 seconds.

In the boys race, Reece picked up his first state medal with a time of 17 minutes and finished 11<sup>th</sup> overall. Smith, who won a regional title the week before, came in 15<sup>th</sup> with a time of 17:05. Smith was the first Wildcat to win a regional title in school history.

Louisburg also made history as the Wildcat girls team qualified for the state meet for the first time after they finished third at their regional in Burlington. Moore joined Isabelle Holtzen, Reilly Alexander, Carlee Gassman, Kaitlyn Lewer, Payton Shaffer and Emily Williams to make up the seven-member squad that finished 10<sup>th</sup> in the team standings at state.

Earlier in the year, Moore became the school's first Frontier League champion, while Reece recorded the highest league finish in boys history as he took second at the league meet.



### **3. Louisburg boys basketball earns first state tournament berth in 12 years**

The season may not have started out the way the Louisburg boys basketball team would have liked, but it certainly finished on a positive note.

Louisburg knocked off rival Paola in the sub-state semifinals and then defeated Fort Scott in the championship game in early March to earn its first sub-state championship since 2005.

The Wildcats earned the No. 6 seed and squared off with eventual champion Bishop Miege at the Class 4A state tournament in Salina. The Stags ended the Wildcats' season with an 81-47 loss.



## **2. LHS girls soccer finishes fourth at state tournament**

Louisburg's girls soccer program has only been around for two years, but the Wildcats have set high expectations from the beginning and that continued in 2017.

The Wildcats advanced to the Class 4-1A state semifinals for the first time in school history as they defeated Piper with a 2-1 victory in overtime. This victory came off their second consecutive regional title as they knocked off Bonner Springs.

At the state tournament, Louisburg faced off with Thomas More Prep and suffered a heart-breaking 1-0 loss in the semifinals. The Wildcats moved on to the third-place game against Maize South and eventually finished fourth overall.



## 1. Lady Cat volleyball ends season as state runner-up

The Louisburg High School volleyball team was just one point away from not only becoming the school's first state volleyball champion – but also the first female team to win a state title in Louisburg history.

As close as the Lady Cats got, they came up just short against defending state champion Rose Hill in late October at the Class 4A-Division I state championship. Louisburg fell 23-25, 25-10 and 29-27 in heartbreaking fashion to finish as the state runner-up.

Still, it was an impressive season for Louisburg volleyball as it finished with a 34-10 record. The Lady Cats reeled off wins over Basehor-Linwood, Bishop Miege and Rose Hill in pool play and then downed Wellington in the state semifinals.

The Lady Cats received several accolades as junior Anna Dixon

and senior Sophie McMullen earned first team all-state and all-league honors. Dixon was also named as the Co-Player of the Year in Class 4A-Division I.

Junior Carson Buffington was also named to the all-state tournament team with Dixon and McMullen.

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## **Reece excited for next step at Southwest Minnesota State**



**After earning his first state medal last month, Louisburg senior Wyatt Reece looked to the future last Wednesday when he signed his letter of intent to run cross country at Southwest Minnesota State.**

When he first got into high school, Wyatt Reece had no intention of running in college. The idea hadn't even crossed his mind.

Wyatt joined the Louisburg cross country team in hopes of staying in shape for basketball and baseball. Before long, however, cross country turned into something a lot more.

"When I was younger running in general was not what I dreamed about," he said. "Of course I did the middle school track

thing and had a lot of fun, found some success, but I was focused on baseball and basketball.

"I truly fell in love with running the summer going into my sophomore year. Running before that summer was a way to be better in other sports, but running after that summer – was my life."

Wyatt's life got a lot more interesting last Wednesday when the Louisburg High School senior signed his letter of intent to run cross country at Southwest Minnesota State, a Division II program in Marshall, Minn.

It was a moment that saw years of hard work come to fruition for Wyatt as he is ready to take the next step in his running career.

"I am extremely excited to go to SMSU," he said. "Running in college was a reality to me after my sophomore year of cross country. Going to state was that one thing that made me think I had an opportunity to continue my running career and I kept grinding."

Wyatt was a big part of the Wildcat cross country program the last four years as he ended his career as a three-time state qualifier and captured his first state medal in October after he finished 11<sup>th</sup> overall in Class 4A.



Louisburg senior Wyatt Reece signed his letter of intent with Southwest Minnesota State last Wednesday. Sitting next to Wyatt (from left) is his sister Lexie, his mother Lisa and sister Katie (on iPad). Standing is LHS assistant cross country coach Arianne Seidl and Wyatt's father, and head coach, John Reece.

It was a moment Wyatt – and his coach and father – John Reece won't forget any time soon. Watching his son become one of the state's top runners and earn a spot on the collegiate level has been rewarding for the Louisburg head coach.

"It has been an honor and a privilege to coach Wyatt," coach Reece said. "Watching him as a coach, he is a great leader, both verbally and through work ethic. He is passionate about the sport of running and he wants to instill his passion in others. As a dad, it has been a positive learning experience. We have grown to appreciate each other's time and commitment to the sport and have learned to put aside the dad or son card."

and built the coach and athlete relationship that is needed to be successful.

"The fact that he wanted to pursue running at the next level was thrilling to me. I knew that there was a place for him, we just had to find the right fit. Southwest Minnesota State is the right fit both academically and athletically for Wyatt."

Athletically, Wyatt liked what he saw out of the Mustang program, including getting a chance to get to know his new coach – Dan Allen. Allen is currently in his third season as the cross country and track coach at the school and Wyatt believes he fits well with the group of runners at SMSU.

"Coach Allen was one of the big reasons I chose SMSU," Wyatt said. "His goal is to excel his runners, while also making sure they will love running after college. The team was another big factor. I spent a whole night with the team on my visit and all the men and women were very nice and genuine.

"My goal as a freshman is to run varsity for them. I don't have any time goals yet because I've never raced an 8k."

Wyatt leaves the Louisburg program as one of the top boy runners in Wildcat history. He became the school's second state medalist on the boys' side and his 5-kilometer time is toward the top of the leader board.

"Running in (cross country) got me through high school," he said. "My teammates were always there, and my coaches were too. Louisburg High School cross country will always be my family and I love them as such. I will miss them all and hope they will continue to succeed."

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# OPINION: Louisburg cross country was at its best in 2017



The Louisburg High School girls cross country team qualified for state for the first time ever this season and the Lady Cats were just one of several program changing moments in 2017.

For almost 15 years, I have had the opportunity to cover high school athletics and have seen most everything.

From state championship teams to teams struggling to just get a few wins, I thought I had witnessed it all. That was until this year.

The Louisburg High School cross country team opened my eyes as it put together its best season in the program's 19-year history. Cross country, up until recently, was a sport where I haven't had the chance to write about a lot successful runners.

There would be years where Louisburg would struggle to just get someone to state. That in itself is a difficult accomplishment, but the Wildcats just weren't blessed with many gifted runners.

Well, this season, their cup runneth over – no pun intended.

The 2017 campaign will go down as one to remember for the Wildcat cross country team and for good reason. This team pales in comparison to any of the previous 18.

All season, the Wildcats made history wherever you looked and it started with sophomore Trinity Moore.

A year after becoming the school's first female state medalist, Moore took her performance to a whole other level. She won the Frontier League title to become the first runner in school history to do so, then two weeks later, Moore broke her own school record as she finished fifth at the Class 4A state meet in Wamego.



**Trinity Moore set school history this season as she became Louisburg's first league champion and a two-time state medalist as a sophomore.**

Moore also tied Jason Rose for the best state finish in

Louisburg history as he also took fifth in 2006.

A week before the state meet, Moore and the rest of the Lady Cat runners took a big step forward. Moore, Carlee Gassman, Isabelle Holtzen, Reilly Alexander, Kaitlyn Lewer, Payton Shaffer and Emily Williams became the first Louisburg team to qualify for state in the program's 19 years.

"This was by far the best group of kids we have had yet," Louisburg coach John Reece said. "Coach A (Arianne Seidl) and I really had a great time working with these runners and this year is one for the record books."

All that success didn't stop with the girls, either.

Seniors Wyatt Reece and Tim Smith provided each other with great competition throughout the season as both runners pushed each other. It often became a toss-up on who would beat the other.

During the Frontier League Championships, Reece recorded the highest league finish in Louisburg boys history as he took runner-up honors. This was a week after Reece edged Smith at the finish to win the Louisburg Invitational.

At regionals, it was Smith's turn as he became the first regional champion in school history with a personal best time of 16 minutes and 42 seconds.



**Tim Smith (left) and Wyatt Reece each made history for the Louisburg boys cross country team this season.**

That set up one final race between the two Wildcats and it turned out to be a happy ending for both. Reece finished 11<sup>th</sup> at the Class 4A state meet, while Smith took 15<sup>th</sup> overall as both earned their first state medals.

Along with Moore, it was also the first time in Louisburg history where the Wildcats had multiple state medalists in one year.

It seemed everywhere you turned in 2017, a new chapter was being written for Louisburg cross country and they did it in one of the more grueling, underappreciated sports there is out there.

Cross country doesn't get the fanfare of the other fall sports

like football, soccer or volleyball. At most meets, it is mainly just family members of the runners rooting them on to the finish.

It just doesn't have the popularity of some of the others.

If you were to ask a teenager what sport they want to do, many of them aren't going to choose the option of running more than 3 miles in a meet and running around town every day in practice. That aspect of hard work doesn't really speak to a lot of kids.

When I was growing up, I was definitely one of those kids. I always thought people were crazy for wanting to run that far – on purpose. It was craziness.

However, after spending several years around the sport, I have a newfound respect for those wanting to go the extra mile to do something great. The Wildcats certainly put in the extra work this season and it showed.

For me, it was a privilege to witness the best that ever was for Louisburg cross country.

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## **Wildcats bring home multiple medals from state cross country**



**Louisburg senior Tim Smith, sophomore Trinity Moore and senior Wyatt Reece each earned a state medal Saturday during the Class 4A Kansas State Cross Country Championships in Wamego.**

WAMEGO – This season has provided a lot of firsts for the Louisburg High School cross country team, so it wouldn't have been complete had the Wildcats not accomplished another feat in program history in what was their final race.

Louisburg runners braved the near-freezing temperatures Saturday during the Class 4A Kansas State Cross Country Championships at the Wamego Country Club and left with multiple state medalists.

Sophomore Trinity Moore, along with seniors Wyatt Reece and Tim Smith, all earned state medals and the Wildcats had multiple medalists for the first time in the program's 19 years.

"It was awesome and emotional to see Wyatt, Tim and Trinity bring home medals," Louisburg coach John Reece said. "It was another first for the program as we have had only one medalist prior Trinity's medal last year. It shows the culmination of lots of hard work and to see that the practice plan set out from the start worked for the runners."

Moore picked a good time to have the best race of her career. After she medaled 19<sup>th</sup> overall as freshman last season, Moore ran a personal best time of 19 minutes and 47 seconds to break her own school record and finished fifth in the state.

"Honestly, finishing top five was unexpected, but it felt amazing," Moore said. "I was feeling good last week in practice and I figured if I could break 20 (minutes), I could possibly finish in the top 10. It was the first time I ran in cold temperatures and I didn't know what to expect. As soon as the race started I got into a good position, I settled in good and just kept working."



**Trinity Moore works her way down a hill during the Class 4A state meet Saturday in Wamego. Moore finished fifth overall.**

The Louisburg sophomore got off to a good start in what was a

fast paced girls race. Moore stayed toward the front of the pack, and at the two mile mark, started to make her move.

"Trinity is a gutsy runner," coach Reece said. "To see her do what she did this year is no surprise. She has begun to learn how to race the 5K, and with her competitive drive she is – and will be – a force to be reckoned with the next two years. Our league will pose all of the competition needed to continue to push her to the limit and beyond. The next two years will be fun."

Wyatt Reece and Smith both came into the state meet after missing out on a state medal the year before. This was Reece's third appearance on the state cross country stage and Smith's second.

Both runners got what they were looking for in their final high school race. Reece finished 11<sup>th</sup> overall with a time of 17:00 and Smith, who won the regional title last week in Burlington, came in 15<sup>th</sup> in 17:05.

Reece and Smith had to deal with a fast start to the boys race as Reece stayed in front of the field, while Smith was in the middle of the pack that featured 105 runners. The crowded start made for some obstacles to begin the race.



**Wyatt Reece stays ahead of a group of runners Saturday. Reece medaled 11th overall.**

"I'm super excited about my medal and I felt my race went well overall," Wyatt said. "I started in about 12<sup>th</sup> place and I floated there the whole race. There was a lot of bumping in the first mile, but 'if you ain't rubbing, you ain't racing.'"

The cold weather affected Smith throughout the race as he stayed in the middle of the field through the first mile, but he made his move in the last mile to work himself into medal contention.

"It feels great having a state medal, just knowing that I worked for it," Smith said. "My goal at the beginning of the year was for me and Wyatt to bring home of one of those medals. I feel like we both ran amazing."

"I was struggling the whole race because of the weather, but I just kept saying in my head that this is my last race and my last shot. If don't give it everything I have then I will regret it for the rest of my life. That first mile I was well back in the top 50 range, so I really had to work to get up to where I needed to be. By the last mile, I was relying on my coaches to tell me what place I was in."



**Louisburg senior Tim Smith works his way through the field Saturday in Wamego. Smith took 15th overall.**

Saturday also marked the first time a full Louisburg girls team competed in a state meet. The Lady Cats finished 10<sup>th</sup> in the team standings with 225 points.

Along with Moore's fifth place finish, sophomore Carlee Gassman took 53<sup>rd</sup> overall in 21:42 and junior Kaitlyn Lewer was next on the team in 75<sup>th</sup> in 22:27.

Senior Isabelle Holtzen (23:11), senior Reilly Alexander (23:28), junior Payton Shaffer (23:34) and sophomore Emily Williams (24:42) finished 88<sup>th</sup>, 96<sup>th</sup>, 98<sup>th</sup> and 101<sup>st</sup>, respectively.



**The Louisburg High School girls cross country team poses for a picture prior to their state race.**

"To qualify a girls team after 19 years of trying was amazing," coach Reece said. "They all worked so hard during the season, and the team medals they won and just missed out on, showed their determination and drive. We laid out before them what our regional was going to be like and what they needed to do to get to state and they did it. Then they went to state and ran much faster than our first trip to Wamego earlier in the year.

"Once again they put forth their best effort and beat a team that beat us at regionals. We could not be prouder of these ladies, including the alternates, as they took on the challenge and accomplished it with hard work and a team spirit that lasted all season."