Top 10 Louisburg Sports Stories of 2023

It was a successful, and eventful, 2023 for Louisburg High School athletics and for those who are connected to the Wildcat program.

This past year created a lot of school history for LHS and a few programs brought back state hardware.

Below are the top stories from 2023, along with a brief explanation of each. Included in the writeup is the link to the actual story from the event.

When putting the list together, I took a lot of things into account – whether it was team vs. individual, popularity of the sport, historical achievements and the interest it drew on the web site.

This year was a blast to cover and I am looking forward to seeing what 2024 will bring. Thank you to everyone for their support and can’t wait for it all to begin again.



10. Brings Plenty earns first state cross country medal

WAMEGO – Jerynce Brings Plenty had being eyeing this race since the beginning of the season.

After missing out on the opportunity to run at the Class 4A Kansas State Cross Country Championships in 2022 due to an injury, Brings Plenty was itching at the chance to run against the state's best.

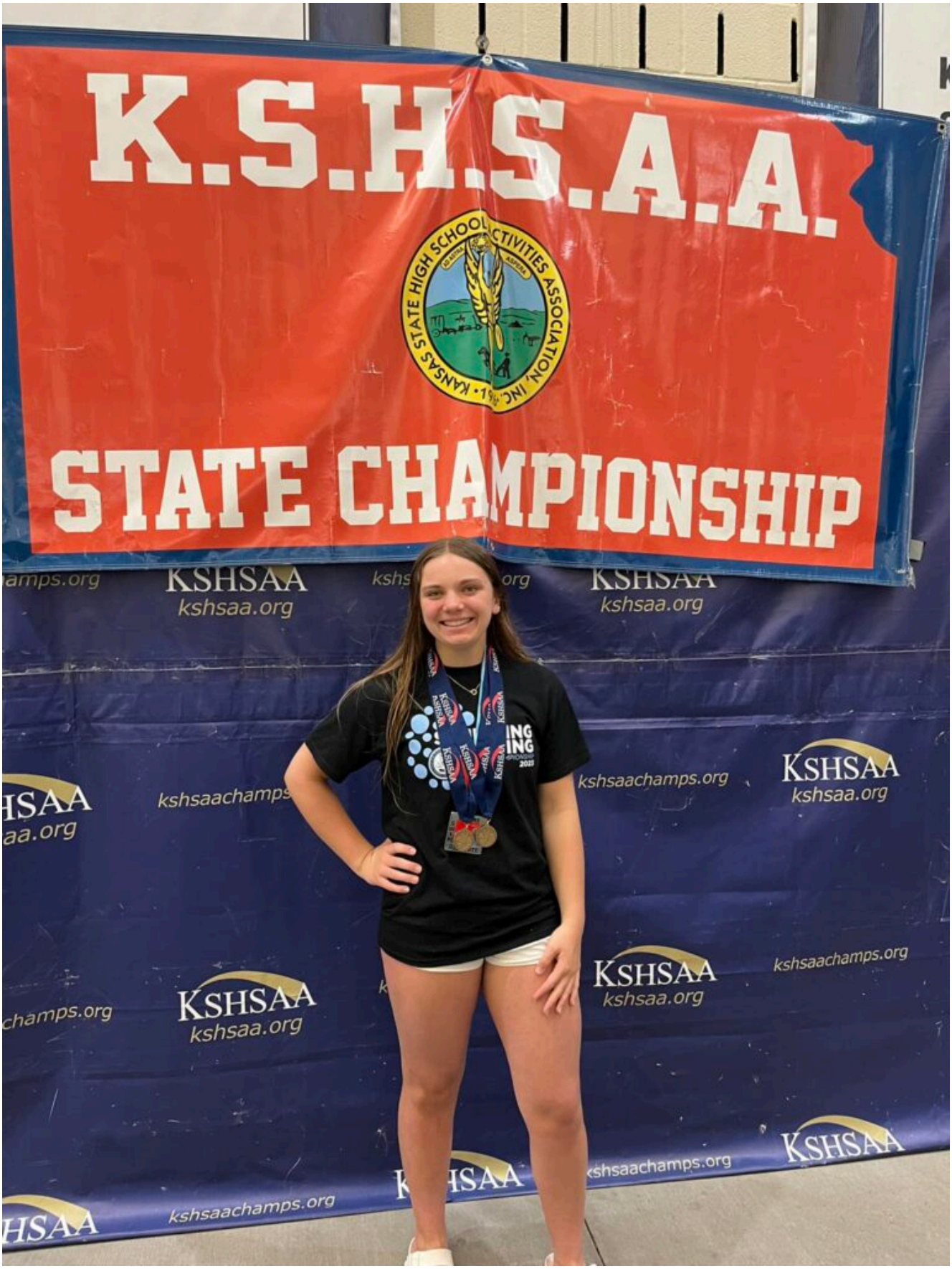
He got that opportunity at the Wamego Country Club and he took full advantage.

Brings Plenty earned his first state cross country medal as he took 12th overall in a time of 16 minutes and 57 seconds. It

has been a long time coming for the Louisburg junior.

“Getting 12th place and a state medal meant everything to me,” Brings Plenty said. “All season my main focus was to place as high as I could at state, especially since I had only placed 51st as a freshman and didn’t race my sophomore year.”

The 2023 season was a successful one for Brings Plenty as he earned a medal in every race he finished. He also moved up the school’s all-time leaderboard and currently holds the second fastest time.


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9. Brueggen wins two state swim medals; Brown earns first boys state medal

Sabra Brueggen and Colin Brown put together a pair of historic seasons for their respective swim teams in 2023.

Brueggen doubled her medal count back in May at the state meet at the Capitol Federal Natatorium in Topeka. The Louisburg sophomore earned state medals in both the 100-yard backstroke and 50 freestyle.

After earning the one medal as a freshman a year ago, Brueggen was happy to find the medal stand in both races this season.

However, it has been a long road for Brueggen to get back to the state meet. After suffering a knee injury last summer, she had to work hard to get back in time for this go-round in a recovery that lasted nine months.

“Going into high school swim this season, I only had one personal goal in mind, making it back to finals at state,” Brueggen said. “Little did I know that I was going to make it back to the ‘A’ final in both my events, allowing me to medal. This truly meant the world to me because this past year has been one of the toughest ones yet. Overcoming this nine month long recovery, and accomplishing this at state, was an indescribable feeling.”



As for Brown, the Wildcat freshman earned the school's first state medal in boys swimming back in February at the Shawnee Mission School District Aquatic Center in Lenexa.

Brown recorded a time of 56.46 seconds in the finals of the 100-yard butterfly to take eighth overall. He swam a season-best time of 55.85 in the preliminaries to garner a spot in the finals.

"Colin's swim in the medal finals was so fun to watch," coach Mary Argeropoulos said. "Hardware from state is not easy to earn and he did a marvelous job all season working toward that final."

In all, Louisburg sent four swimmers to the state meet in Brown, Brayton Brueggen, Colton Prettyman and Andrew Jamison and the Wildcats turned in several times that earned spots in the consolation finals. As team, the Wildcats finished 15th overall with 44 points.



8. Cheer takes fourth at state

TOPEKA – Louisburg cheer has been no stranger to the big stage when it comes to the state competition.

The Wildcats have become a mainstay in the Class 4A Game Day Spirit Showcase in the last several years that has included a state championship and a pair of state runner-up finishes.

Louisburg found itself in position for another state plaque in November at the Stormont-Vail Events Center in Topeka. The Wildcats qualified for the finals with an impressive performance, but came up just short of another state plaque as they took fourth overall in Class 4A.

“I am so proud,” Louisburg coach Breanna Kostroske said. “This team had to welcome not one, but two new coaches and has

worked so hard since May on their competition material and it truly showed on the floor Saturday. Being a new coach you are automatically stressed that you haven’t given enough to all aspects of a game day routine, but we put our faith in the team and they showed up and truly represented themselves in a huge way.”

Members of the Louisburg cheer team are: Elizabeth George, Brooklyn Harmon, Addison Drake, Maddie O’Keefe, Maddy Carpenter-Ross, Caroline Dugger, Anna Brizendine, Reece Jones, Addie Vargo, Laney Stohs, Taryn Osborn, Kayleigh Ramsey, Will Leach, Brooklyn Roney, Harper Boyle, Kimmie Powls, Reece Younggren and Reese Anderson. The Wildcats are coached by Breanna Kostroske and Heather Brummel.



7. Pfannenstiel takes AD position, Wildcat basketball hires new coach Ben Doll

The 2023-24 school year for Louisburg High School activities had little different look to it – especially at the top.

Ty Pfannenstiel was hired as the school's new activities director and took over for Michael Pickman, who will focus on his assistant principal duties and curriculum.

Pfannenstiel, who has been the boys basketball coach for the last six years, resigned his post to take on the activities director position. He also stepped down as an assistant football coach.

"This is very exciting for me," Pfannenstiel said. "It's definitely going to be a change. I have been a teacher and a coach for 18 years. I still get to be a teacher half-time, and now I get to step into a new role as an administrator. It is going to be all sports and activities and I am looking forward to the new direction."

Louisburg then hired Ben Doll to replace Pfannenstiel as the new Wildcat boys basketball coach. Doll has patrolled the sidelines as an assistant for two state championship teams and has coached in numerous state tournaments over his 24 year career.



This is Doll’s first head coaching position after spending time as an assistant at St. Thomas Aquinas, Johnson County Community College, Lansing and Blue Valley North.

“I am really excited to get going,” Doll said. “It has been a long time coming. I have a lot of great experiences and I am ready to apply those things I have learned into this job. I am ready to put my own stamp on some stuff as well.”



6. Wrestling qualifies six for state, Eslinger medals

SALINA – Just like a year ago, Elijah Eslinger found himself one win away from a spot in the state championship match.

Eslinger, who has been ranked in Class 4A at different times throughout the season, has had a long road as a Wildcat heavyweight. One that included a rough freshman year, to progressively getting better.

With a spot in the semifinals at the Class 4A Kansas State Wrestling Championships already wrapped up, he had already secured his second state medal in Salina. Although he didn't make that championship match, Eslinger still left Salina with some hardware.

"To make the semifinals was exciting, especially since it was

the closest match I had," Eslinger said. "It was probably close to the hardest match that I had over the weekend. I feel like I could have done better looking at my matches in hindsight."

The Wildcats nearly had two more wresters earn spots on the medal stand. Junior J'Lee Collins (126 pounds) and sophomore Ashton Moore (175) both made their way to the blood round and needed a win to secure a state medal.

The Wildcats also experienced some heartbreak as senior Kaven Bartlett fell short of his goal of earning another state medal. At 138 pounds, Bartlett finished the state tournament with a 1-2 record.

Senior Trace Eslinger (215) and sophomore Jay McCaskill (157) also represented the Wildcats at the state tournament, but finished with an 0-2 record.



5. Lohse wins three state medals, Lady Cats sixth at state

WICHITA – Emma Lohse blazed the track for the Louisburg girls track and field team all season, and the Class 4A Kansas State Track and Field Championships was no different.

Lohse picked up three medals and helped the 4×100-meter relay to another school record at Wichita State's Cessna Stadium. In all, the Lady Cats medaled in five events and finished sixth in the team standings with 29 points.

"Coming back from Wichita with three state medals was something I had to work for and was happy about the outcome," Lohse said. "Leaving Cessna Stadium one last time, I was very proud of the way I competed and proud of what I came home

with.”

Lohse was just inches away from winning a state championship in the 100-meter dash. At the finish line, the Louisburg senior was step-for-step with Rose Hill’s Kate Dare.

As the two leaned for the finish line, Dare edged Lohse for first as Lohse ran a time of 12.46 seconds. Dare ran a 12.44.

Later in the 200-meter dash, Lohse earned another state medal as she took seventh in 26.77 seconds.



Louisburg's (seated from left) Kendall Crossley, Suzanna Dansel, (standing from left) Mackenzie Rooney and Emma Lohse

pose with their third place state medals in the 4×100 relay. The Lady Cats broke their own school record for the fourth straight time in the prelims.

Sandwiched in between those two races, Lohse helped the 4×100-meter relay of Mackenzie Rooney, Suzanna Dansel and Kendall Crossley to a medal of their own.

The Lady Cat relay finished third overall with a time of 49.70 seconds. Andale won in 49.24 and McPherson was second at 49.67.

However, in the preliminaries on Friday, the team broke their own school record for the fourth consecutive time in 49.26 seconds and had the fastest time going into the finals.

Another Lady Cat to find the medal stand was Emma Prettyman. The Louisburg senior put together a strong showing in the discus.

Prettyman earned her first state medal as she finished sixth in the event with a throw of 115 feet, 9 inches.





4. Wildcat pole vaulters dominate 4A state meet

WICHITA – Maddy Carpenter-Ross, Caden Caplinger and Cooper Wingfield had been considered as some of the top pole vaulters in Class 4A for most of the season.

All three had finished at, or toward the top of each of their meets this year, and all of them had high hopes going into state meet at Wichita State.

Carpenter-Ross and Caplinger reached the highest summit Class 4A had to offer as both were crowned state champions following their respective events.

Caplinger became a two-time state champion first as he cleared 15 feet to win the 4A boys pole vault. Wingfield finished as the state runner-up.

“It means a lot and I am just blessed to have the opportunity to be here and win the title, especially with Cooper right on my tail,” Caplinger said.

Carpenter-Ross thrived under the pressure in the girls competition as she, not only looked for her second consecutive state medal, but her first state championship.

The Louisburg junior captured her first state title after she cleared 11 feet, which tied a personal best. This coming off a season where she medaled fifth at state a year ago.

“I think it is fantastic,” Carpenter-Ross said. “Going to 11 feet, I was tied with the one girl and I was hoping that I would get it on my first try. Then when I did, it was just an amazing feeling.

“It was just awesome for me, plus to see my family’s faces up in the stands was really cool too. Being a state champion is awesome and I plan to do it again.”



3. Wildcat football wins back-to-back Frontier League titles

SPRING HILL – It had been 16 years since the Louisburg football team last repeated as back-to-back Frontier League champions.

That drought ended on an October night in Spring Hill.

In a battle of undefeated league teams, Louisburg proved its was the best. The Wildcats scored 21 unanswered points, and shutout the Broncos in the first half, as they cruised to a 35-21 victory.

Louisburg earned back-to-back league crowns for the first time since the 2006 and 2007 campaigns. The Wildcats also finished the regular season with an 8-0 record.

“It is pretty exciting,” Louisburg coach Drew Harding said. “We talked to the guys before the game about how long it is has been since we have won back-to-back league titles and it has only been done four times in our school’s history. So to chalk another one up there feels pretty good.”

The Wildcats advanced to the regional round of the state playoffs in early November, but lost a heartbreaker to Basehor-Linwood, 22-20, and ended a nine game winning streak.

“This season was a lot of fun,” Harding said. “It is a great group of kids and they worked incredibly hard. They were loose and made it fun every single day. I can’t say enough about how good of kids they are and how hard they work. We hoped to still be moving on, but this loss doesn’t take away from what these kids did all year.”



2. Wildcat volleyball takes fourth at state for second straight year

HUTCHINSON – For the second time in as many years, Louisburg is leaving the state volleyball tournament with some hardware.

The Wildcats, for the second straight season, finished fourth Saturday at the Class 4A Kansas State Volleyball Championships in Hutchinson. It marked the 20th appearance for the Wildcats in the tournament.

Getting that hardware and making it to Saturday was certainly a battle for the Wildcats, who had to fight through adversity during pool play on Friday. Louisburg had to deal with injuries and had its fate rest in another team's hands.

Despite all that, Louisburg left with a fourth place medal following a tough 23-25, 25-8 and 25-16 loss to Andale in the third-place match Saturday at Hutchinson Sports Arena.

"We are very proud of this team for making it back to the state tournament and finishing in the final four again," Louisburg coach Leanna Willer said. "We, of course, will always strive for higher finishes until we reach that ultimate goal of state champions, but we are proud of where we finished the season and were happy with the success of this team."

Members of the Louisburg volleyball team are (from left) Adelyn Moore, Caileigh Kilgore, McKenna Lohse, Delaney Nelsen, Aspen Coulter, Evyn Richardson, Ashlyn Berck, Katie Elpers, Izzy Moreland, Megan Quinn, Hailey Sword, Madie Williams and head coach Leanna Willer.



1. Wildcat boys track finishes as state runner-up; Dobbins wins state title in high jump as team medals in 13 events

WICHITA – The Louisburg boys track and field team had the resume of a state champion.

The Wildcats racked up 87 points during the Class 4A Kansas State Track and Field Championships at Wichita State.

Louisburg medaled in all 13 events it competed and the Wildcats finished the meet with two individual state champions. The ending was supposed to feature the Wildcats holding up a state championship plaque.

“If you would have told me at the beginning of the year we

would score 87 points at state and not win a championship, I would have just ignored you and said ‘Whatever,’” Louisburg coach Andy Wright said. “No way that would happen.”

As it turned out, the Wildcats found themselves on the outside looking in for a team state title. Andale finished first with 87.5 points. Louisburg had 87.

It was an emotional letdown for the Wildcats as they were so close to that team goal.

“To beat Andale, we had to score 88 and that is just a testament to how good they are,” Wright said. “They have really good athletes, especially in the throws. At the same time, I couldn’t be more proud of my guys and how they competed. It was just so much fun to watch them lay it all out there. They really did have a great season.”

Mason Dobbins reached new heights at the Class 4A Kansas State Track and Field Championship.

Ok, well maybe not literally.

Dobbins who broke a school record in the high jump earlier this year, didn’t reach that height at the state meet – but he didn’t need to. The Louisburg senior cleared 6 feet, 6 inches to win the Class 4A high jump title.

It was the first of four state medals that Dobbins would win on the day as he helped lead the Wildcats to the Class 4A state runner-up plaque.



“It meant everything to be a state champion and to be able to medal in all of my events this year since I didn’t last year,” Dobbins said. “Our team trains so hard, and to be able to be runner up by .5 points, is incredible.”

Dobbins nearly earned his second state title in the 110-meter hurdles as he found himself in a battle with Rose Hill’s Teagan Cobb. The two were stride-for-stride going into he final hurdle, but Cobb nipped Dobbins at the finish line.

Later on, he joined Caden Caplinger, Colyer Wingfield and Ethan Ptacek in the 4×100-meter relay and the team medaled third in 43.38 seconds. Ptacek had to run for Ashton Moore, who was injured during the preliminaries.

Then toward the end of the meet, Dobbins, who was sitting seventh in the 200-meter dash after the preliminaries, battled

to keep his team in the state championship race and medaled third in 23.07.

Louisburg senior Nathan Vincent got his team a lot of points in the throwing events as he medaled in the javelin, discus and shot put – with the latter being his best event of the weekend.



Vincent, who just started doing shot put this year, put together his best performance of the season. He recorded a personal best throw of 51-8 in the finals to take third overall. He also went on to take fifth in the discus and sixth in the javelin.

Sophomore Jerynce Brings Plenty also came away with three state medals in the distance events, but none was more precious to him than the 3,200-meter run.

Brings Plenty broke the school record in the event as he medaled third in 9 minutes and 49.41 seconds. He surpassed the old mark of 9:50.60 that was set by Jason Rose in 2007.

He continued his medal streak for the Wildcats as he joined Hunter Heinrich, Blaise Vohs and Colton Blue to medal seventh in the 4×800-meter relay.

Later in the day, Brings Plenty competed in the 1,600 run and took sixth in 4:34.42.

Louisburg senior Nathan Apple left his final state meet with a pair of medals in both hurdle events. Apple finished fourth in the 110-meter hurdles in 15.29 seconds on Saturday.

Apple also went on to take fourth in the 300 hurdles in 40.55 seconds as he ended his Wildcat track career on a positive note.

The Wildcats ended the state meet with the 4×400-meter relay as the team of Heinrich, Vohs, Colyer Wingfield and Ptacek needed a third place finish or better to win the state title. Unfortunately, the Wildcats came up just short as they took fourth in 3:23.98.

Louisburg set a new personal record by three seconds and was .25 seconds away from tying the school record. The Wildcats also scored points in all three relay events.